ONLINE STUDY GROUPS
“O L L I a t N i g h t”

Kate Clifford Larson
New York Times Bestselling Author
Monday, October 18th • 7:00pm

*Walk With Me: Fannie Lou Hamer's Challenge to America*

Kate Clifford Larson is a bestselling author of critically acclaimed biographies including *Bound for the Promised Land: Harriet Tubman, Portrait of an American Hero* and *Rosemary: The Hidden Kennedy Daughter*. Her latest work, *Walk With Me: A Biography of Fannie Lou Hamer* tells the remarkable story of one of America's most important civil rights leaders of the 20th century during the Civil Rights Movement of the 1960s & 1970s.

Michael Tougias
New York Times Bestselling Author

Tuesday, November 23rd • 7:00pm

*The Finest Hours: The True Story of the U.S. Coast Guard’s Most Daring Sea Rescue*

On February 18th, 1952 an astonishing maritime event began when a ferocious nor’easter split in half a 500-foot long oil tanker, the Pendleton. Incredibly, just twenty miles away, a second oil tanker, the Fort Mercer, also split in half. Thus began a life and death drama of survival, heroism, and a series of tragic mistakes. Michael Tougias, co-author of *The Finest Hours*, will use slides of the storm, the sinking tankers, the rescues, the victims, the survivors and the heroes to tell the story of this historic event.

Inna Khazan
Clinical Psychologist

Tuesday, December 7th • 7:00pm

*Anxiety and Uncertainty: How to Tame the Chaos with Mindfulness and Biofeedback*

Inna Khazan, PhD, BCB is a licensed clinical psychologist specializing in biofeedback and mindfulness-based approaches to optimizing health and performance. Dr. Khazan is a faculty member at Harvard Medical School, where she teaches and supervises trainees. In this talk, Dr. Khazan will explore misconceptions about anxiety, and discuss helpful ways of coping with anxiety and moving forward with our lives.

All talks will take place on Zoom. Registration is required.
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“What Makes Sondheim Great?”
Gail Leondar-Wright, Outside Instructor

6 Sessions, Somewhat interactive-a mix of lecture and discussion
Tuesdays, 2pm - 4pm (Nov. 2, 9, 16, 23, 30, Dec 7)
$150

Stephen Sondheim is commonly thought to be the most important musical theater composer and lyricist of the past fifty years and the single most influential force in bringing the Broadway musical into the modern era. What makes him great? We will unpack some of Sondheim’s major works including Company, Follies, Sweeney Todd and Sunday in the Park with George, looking for evidence that he is a playwright in song. We’ll see how Sondheim has elevated the genre ushering in the musical’s modern era. We’ll have opportunities to appreciate and analyze Send in the Clowns and The Ladies Who Lunch among others. Suggested readings will be short, but participants will be asked to watch full-length videos of shows, available online.

Biography: Gail Leondar-Wright, now retired, spends her time studying and teaching about the works of Stephen Sondheim. She facilitates an online national Sondheim Study Group and gives periodic webinars comparing the works of Sondheim to those of other composers and lyricists. She has taught about Sondheim at Lasell Village and for the Rainbow Lifetime Learning Institute and has lectured about Sondheim at an MIT intersession course. She has conducted two brown bag presentations about his work for the Rainbow Lifetime Learning Institute. Gail has a Masters in Performance Studies from NYU and a BA in Drama from UC Berkeley. Gail is a new study group leader for Osher.

Exploring Race: Through Social Justice Art Works
Valarie Poitier, OLLI Member

6 Sessions, Somewhat interactive-a mix of lecture and discussion
Fridays, 10am - 12pm (Nov. 5, 12, 19, Dec 3, 10, 17)
$150

“What is social justice?” What does it look or feel like? How does a particular historic or contemporary artwork become categorized as an artistic expression of social justice? We will examine a blend of art works created in Europe and the Americas from the 1600's through 2021. Come to listen or to join in the discussions. There will be opportunities to recognize more fully our personal experiences of common and uncommon microaggressions (the unjust or prejudicial behaviors) we may have engaged in or been at the effect of. How do we manage to not make it worse, endeavoring to rescue the moment? This is a highly interactive course. You will be engaged in observing artworks, awareness exercises, responding to questions and sharing realizations during our time together. Homework is optional.

Biography: A formally trained lecturer, artist, and writer, Valarie Poitier has taught professional development workshops, led seminars at regional and national conferences. She has given lectures to local and regional guilds throughout New England and served as Co-Chair of the Artists Beyond the Desk at MIT. Her work has been published in books, viewed on television and exhibited in museums and galleries across the USA and abroad. She is also a retired Board member of the New England Quilt Museum and is a member of National and International Fiber and Surface Design Organizations. Valarie has led previous study groups including, most recently: Exploring Race, Art and Culture.
Fear of the Unknown: New Classical Music  
*Anna Arazi, Outside Instructor*

**4 Sessions, Highly interactive-lots of discussion**  
**Fridays, 2pm - 4pm (Nov. 12, 19, Dec 3, 10)**  
**$100**

Are you excited or terrified to try new things? Many music lovers are afraid of contemporary music and opt for the comfort of well-known masterpieces. The truth is you can enjoy both the familiar and unknown worlds - it’s a matter of how you perceive and engage with them. In this interactive course we’ll experiment listening in new ways and discover new tools for exploring the unknown. We’ll use visual, sonic and culinary metaphors and narrative so you can express your experience, expand your musical comfort zone, and become informed and enthusiastic listeners. For example, we would examine pictures of a galloping horse and an abstract drawing and imagine what kind of music that would be; we’d proceed with listening to musical examples and matching the pictures with the music. On another occasion we would compare listening to a new music with tasting a new food, breaking the process into simpler elements (such as texture, color etc.) and getting very specific about the new likes and dislikes. The tools you’ll learn will help you discover new possibilities and transform your response to the unknown and uncertain circumstances in all arenas of life. No prior experience needed.

**Biography:** Anna Arazi is a Boston-based Russian-Israeli classical pianist and educator who enthusiastically advocates for contemporary and rarely performed music by female composers. Anna has premiered dozens of solo and chamber works by American, British, Israeli and Russian composers, including Ketty Nez, Vera Ivanova, Talia Amar and Angela Slater. Her performance credits include the Bell’Arte festival in Belgium, Paine Hall at Harvard University, the Mishkenot Sha’ananim Center in Jerusalem and Weill Recital Hall in NYC. Anna works with advanced students in her private studio and is the current president of the Massachusetts Chapter of the World Piano Teachers Association. *Anna is a new study group leader for Osher.*

Guided Meditation

*Yolanta Kovalko, OLLI Member and Tufts Staff*

**4 Sessions, Minimally interactive-mostly lecture**  
**Mondays, 4pm - 5pm (Nov. 8, 15, 22, 29)**  
**$50**

In this course the study group leader will introduce participants to Yoga Nidra, a form of meditation and transformation grounded in the wide and deep field of yogic tradition. Students will be guided through what Yoga Nidra teaches are the five levels of being: Physical Body, Energy Body, Emotional Body, Mental Body and Spiritual Body. In the process they will have the opportunity to experience becoming more aware and to explore the deepest place within themselves, their true Self. Participants will be encouraged to find a place to recline or lay down while participating in the course.

**Biography:** I have been teaching at OLLI since fall 2018 and am thrilled to be part of their team of group leaders! By day I am the Department Administrator for the Tufts Community Health Department. I am a certified yoga and meditation teacher. I have taught yoga and meditation in my Somerville studio, called Ball Square Yoga for the last 5 years. I have been practicing yoga for the last 15 years. In addition to being certified in Hatha Yoga, Chair Yoga, I am also certified as a Guided Meditation teacher with a specialization in Yoga Nidra (Sleep Yoga) a form of meditation grounded in yogic tradition, teaching a deep level of relaxation by guiding students through the five levels of being. I also taught Chair Yoga and Five Elements of Nature Yoga. *Yolanta has led previous study groups including, most recently: Five Elements of Nature Yoga.*
Human Rights in the context of a Digital Ecosystem

Arpitha S Desai, Tufts Graduate Student

8 Sessions, Highly interactive-lots of discussion

Thursdays, 10am - 12pm (Dec. 2, 9, 16, 23, 30, Jan. 6, 13, 20)

$175

As social media and online communication assumes more importance in our lives transformed by a global pandemic, concerns surrounding how human rights are exercised and enforced online have been raised by researchers, academia, and advocates. Be it the use of technology by governments to trace infections or administer vaccines or the rampant misinformation surrounding COVID-19 available online or the way social media platforms have permeated most aspects of our lives - technology has resulted in innovation, disruption, and often infringement of fundamental rights and freedoms. Through this course I aim to inform participants about the fundamental rights and freedoms individuals enjoy online including the right to freedom of speech and expression, right to information and right to privacy. By way of weekly discussions on how such rights are enjoyed across jurisdictions (the US, EU, India, Brazil) and whether these rights have been challenged before courts (through case laws and research papers), this course will equip participants to understand the new challenges digital platforms pose to human rights.

Biography: Arpitha is a public policy lawyer from India who has previously worked with big tech companies in enabling safer digital experiences for users worldwide and protecting digital rights such as privacy and free speech. Currently she is working toward a Master of Arts in Law and Diplomacy at the Fletcher School focusing on technology policy, human rights and economic development. She enjoys reading, cooking, practicing yoga and listening to podcasts. Arpitha has led previous study groups, including, most recently: Digital Literacy.

Ingmar Bergman’s Films: His Cinematic Search For Meaning

Allan Elfant, OLLI Member

8 Sessions, Highly interactive-lots of discussion

Wednesdays, 1:30 - 4:30 (Nov. 17, Dec. 1, 8, 15, 22, 29, Jan. 5, 12)

$175

Ingmar Bergman is one of the world’s leading and influential filmmakers. His cinematic work can be viewed from a variety of philosophical and psychological perspectives. His films recreate, illuminate and question the human condition. Through his work Bergman relentlessly searched for what constitutes reality, integrity and individuality. His religious origins led him to explore whether traditional spiritual faith could coexist with the human experience of doubt, suffering and despair. He wrote original scripts from his experiences, memories and obsessions and he explored the struggles and difficulties in personal relationships. Individual and familial history were viewed by Bergman as essential for comprehending human behavior. He also had an interest in understanding mental illness. Not surprisingly his films are typically somber and emotionally laden.

We will examine eight of Bergman’s films which we will view together: The Seventh Seal, Wild Strawberries, The Magician, Through A Glass Darkly, Persona, Cries and Whispers, Face to Face and Autumn Sonata. Each of our classes will involve first showing a film and then exploring and examining the main themes. Our sessions will be up to 3 hours in length depending on the length of the film and the extent of our discussion. Additional internet readings will be provided.

Biography: Allan Elfant has a B.A. in Psychology from Brooklyn College and a Ph.D. in Clinical Psychology from New York University. He was in clinical practice for over 40 years and held teaching positions at several universities. He has led over 200 presentations at national and regional professional conferences and meetings and has led over a dozen study groups for our OLLI on various psychological and philosophical themes. Allan has led previous study groups including, most recently: The Cinematic Artistry of Federico Fellini.
John Brown—Prophet, Terrorist, Hero?

Bill Saunders, OLLI Member

2 Sessions, Minimally interactive—mostly lecture

Wednesdays, 10am - 12pm (Dec. 1, 8)

$50

Almost everyone has heard the Civil War marching song and knows that John Brown’s body lies a-moldering in the grave. But who was this man who spoke with the moral certainty of an Old Testament Prophet while having no trouble shading the truth or committing murder? How did his actions in Bleeding Kansas and his raid on Harpers Ferry change American history? And how, in the few weeks between his capture and execution, did he go from being almost universally reviled to a martyr who died to redeem America’s sin of slavery? His legacy as either a hero or domestic terrorist is still debated, but many historians now agree with Frederick Douglas who said: If John Brown did not end the war that ended slavery, he did at least begin the war that ended slavery. Suggested readings will be provided as PDFs or web links.

Biography: Bill Saunders was formerly a marketing consultant for high-tech companies. His recent interest in John Brown began while traveling on John Brown Avenue in Port au Prince, Haiti with a medical team that made seven trips to Haiti to provide care throughout the countryside around Leogane, the epicenter of the 2010 earthquake. Bill has led previous study groups including, most recently: From Richest to Poorest – A Brief History of Haiti.

Journalism In The Misinformation Era: Understanding Fake News and Ways to Counter It

Vishal Manve & Simran Sharma, Tufts Graduate Students

8 Sessions, Somewhat interactive—a mix of lecture and discussion

Fridays, 2pm - 4pm (Dec. 3, 10, 17 Jan. 7, 14, 21, 28, Feb. 4)

$175

During the COVID-19 pandemic, we faced an “infodemic.” Misinformation campaigns targeting the veracity of mask mandates and election claims, using traditional decoctions to cure the infection symptoms spread on social media and elsewhere including on Twitter, Facebook, etc. While journalists struggled with regular reporting on health, infrastructure and science, misinformation impacted communities as digital campaigns became pervasive and polished. In this course you will learn the basics of fact-checking in the “do-it-yourself format.” From tools to techniques used to collate a series of databases to ensuring you practice digital hygiene the course will ensure you can differentiate fake news from real news. In the second part of the course, we will explore how global newsrooms have invested heavily in fact-checking operations and creating training programs to help citizens understand how fake news spreads through social media effectively. In the third part we will discuss how much to trust news platforms and what yardsticks to use. We will crowdsourcing and collate trusted local, national and international news platforms for your daily usage. We will look at some tools that can help you create your own security safety matrix—to check who tracks your website usage, how to prevent falling for phishing and scams etc. Coursework will be sourced from AFP FactCheck, Snopes, NYT, The News Literacy Project and other platforms that engage in fact-checking operations as part of their newsroom functions. Readings will cover the basics of journalism to offer attendees a ringside view of how newsrooms work. Reading will not exceed 15–20 pages per week.

Biography: Vishal Manve is a first year MALD graduate at The Fletcher School. Previous experiences include reporting for Agence France-Presse (AFP), BBC World News and The Diplomat.

Simran Sharma is a first year MALD graduate at The Fletcher School. She has worked in India as a Gandhi Fellow at the Piramal Foundation where she taught students in government schools. There she designed tools schools and communities to increase student learning outcome in and out of the classroom. She also worked with ORF, a premier think tank in India, where she researched counter-terrorism operations in Kashmir. Vishal and Simran are new study group leaders for Osher.
Jumpstart Your Creativity
Kate Farrell & Mary Potter Kenyon, Tufts Graduate Student & Outside Instructor

1 Session, Somewhat interactive—a mix of lecture and discussion
Wednesday, 6pm - 8pm, (Nov. 10)

$25

It’s never too late to reignite that tiny spark that exists inside each one of us and invite creativity into your life. Are you ready to reclaim that box of crayons from your childhood and reconnect with your creative side? Mary Potter Kenyon, a Therapeutic Art Coach and author of Called to Be Creative: A Guide to Reigniting Your Creativity shares the legacy of a creative mother, discusses creativity research and guides attendees in fun activities that will jumpstart their creativity.

Biography: Kate Farrell is the director of public relations at Familius. Kate worked for the 24th Annual Screen Actors Guild Awards and is currently a M.A. student at Tufts University’s Eliot-Pearson Department of Child Study and Human Development.

Mary Potter Kenyon graduated from the University of Northern Iowa with a BA in Psychology. A certified grief counselor and Therapeutic Art Coach, Mary works as Program Coordinator at Shalom Spirituality Center in Dubuque, Iowa. Mary is the author of seven books, including the recently released Called to Be Creative: A Guide to Reigniting Your Creativity. Mary founded both an annual grief retreat and writer’s conference in Dubuque. She is a member of the Advanced Writers and Speakers Association. Kate and Mary are new study group leaders for Osher.

Knowing South Asia
Hasan Abdullah Towhid, Tufts Graduate Student

2 Sessions, Somewhat interactive—a mix of lecture and discussion
Thursdays, 10am - 12pm (Nov. 11, 18)

$50

South Asia is a sub region of Asia consisting of eight countries: India, Bangladesh, Pakistan, Sri Lanka, Nepal, Bhutan, Maldives and Afghanistan. This sub-continent has hundred of languages, diversity of culture, tradition, history and crisis. The ongoing crisis are also discussed by international communities. In my classes I will give a brief idea on South Asia. Participants will learn about the rich history and culture of this other part of their world. They may feel like visiting someday soon to motivate themselves and to work for the bigger community of the world. Participants don’t need to do any assignment or written articles. We will watch videos, listen to songs and enjoy learning about South Asia as a whole.

Biography: Hasan Abdullah Towhid is an energetic, dedicated and enthusiastic youth whose passion is to work for the people and the society. He joined the Ministry of Foreign Affairs, Dhaka, Bangladesh, as an Assistant Secretary in 31st BCS Foreign Affairs Cadre. Currently he is a Senior Assistant Secretary on deputation for pursuing his Master of Arts at the Fletcher School of Law & Diplomacy, Tufts University. Hasan is a new study group leader for Osher.
Modern Africa: Challenges and Prospects  
Robert Rotberg, Outside Instructor  
5 Sessions, Highly interactive-lots of discussion  
Thursdays, 2pm - 4pm (Nov. 4, 11, 18 Dec. 2, 9)  
$125  
Modern Africa has innumerable challenges: intrastate wars and Islamist insurgencies; climate change and drought; poor governance and inadequate leadership; and a massive population explosion that will over-tax city and national capabilities. Plus jobs for the young will be few, with sets of obvious consequences. Yet Africa is resilient and there are positive examples of coping with change. This course will be highly interactive with abundant opportunities for learning and discussion. The book we will reference is Things Come Together: Africans Achieving Greatness in the Twenty-first Century (OUP). Participants are encouraged (but not required) to purchase a copy of the book.  
Note: This is a repeat of the Winter 2021 class.  
Biography: Robert Rotberg is president emeritus of the World Peace Foundation, former MIT professor of political science and history, professor at the Harvard Kennedy School, Tufts academic vice-president, and the author of many books about Africa. He has taught five adult courses in Lexington, several over Zoom. Robert has led previous study groups including, most recently: The Shaping of Modern Africa: Five Key Models.

Pharmacology: Fundamentals, Overview, and Applications  
Anurag Virmani, Tufts Graduate Student  
8 Sessions, Somewhat interactive-a mix of lecture and discussion  
Mondays, 2pm - 4pm (Nov 1, 8, 15, 22, 29, 6, 13, 20)  
$175  
Gain a basic understanding of Pharmacology—its history, divisions, applications. All those interested in healthcare fundamentals should join this course. It will give you the tools to understand medicines and their effects on the human body. The importance of this field and its applications can’t be highlighted any more, given the present scenario. This is a must know course for modern society. To understand the basics of medicine, pharmacology is absolutely essential. This will help you better understand complex interactions of human body and medicines in a completely different light. Although the course is geared toward students who have limited science and math backgrounds, all those interested in healthcare, medicines and their effects are most welcome. The goal is to familiarize students with the importance of pharmacology and its applications in almost every aspect of healthcare.  
Biography: Dr. Anurag Virmani is a Fletcher graduate student. He finished his residency training in Pharmacology from MAMC, New Delhi. He has a Doctorate in Pharmacology with a published thesis on utilization patterns, outcomes, and costs of prophylactic antimicrobials in orthopedic implant surgeries. He had been posted in COVID inpatient wards before joining Fletcher. He has a widespread healthcare experience as a medical officer and research associate in clinical trials. He has won a medal for his doctoral thesis and a few other awards during his medical training. His interests in Pharmacology and its applications inspires him to pursue his journey to uncover new aspects of this core field of healthcare. Anurag is a new study group leader for Osher.
Plato’s Dialogues
Joyce Carpenter, OLLI Member

8 Sessions, Highly interactive-lots of discussion

Wednesdays, 2pm - 4pm (Nov. 3, 10, 17, Dec. 1, 8, 15, 22, 29)

$175

Plato placed his mentor, Socrates, as the main character in nearly three dozen dialogues. We might now call this character a troll as he asks so many questions that, by the end, we see that no one in the conversation really knows what they’re talking about. But along the way, lots of interesting conversation has addressed some very deep questions. During the term we’ll read and discuss a dozen or so of these pieces. The selection will include some that are considered particularly important as well as some that address especially interesting topics such as knowledge, creativity, beauty, poetry, rhetoric, argumentation. Some are long and difficult; some are short and amusing. To facilitate discussion I’ll ask members to send me passages they’d like to discuss in advance and that means we need a common resource. If you want the readings in book form, please acquire a copy of “Plato: The Collected Dialogues including the Letters,” edited by Edith Hamilton and Huntington Cairns. Otherwise please expect to use a pdf version of each dialogue that I will provide at the beginning of the term. Expect to read about 50 to 60 pages per week.

Note: We will NOT be reading the Republic.

Biography: Joyce Carpenter studied philosophy as an undergraduate at Rutgers (BA, 1984) and as a graduate student at the University of Illinois at Chicago (PhD, 1992). She has no particular expertise in ancient philosophy but she’s always enjoyed the rhetorical strategies employed by Socrates in these dialogues. She’s previously lead study groups on feminist theory, ethics and aesthetics. Joyce has led previous study groups including, most recently: Feminist Thinking.

Second World War Through the Writings of Sir Winston Churchill
Tathagata Dutta, Tufts Graduate Student

8 Sessions, Somewhat interactive-a mix of lecture and discussion

Tuesdays, 10am – 12pm (Nov. 2, 9, 16, 23, 30 Dec. 7, 14, 21)

$175

In America the Second World War starts with the attack on Pearl Harbor on 7 December 1941 and ends with the dropping of the atomic bombs on Hiroshima and Nagasaki in August 1945. While President Franklin D. Roosevelt and President Harry S. Truman deservedly occupy most historical attention in the United States for having won the Second World War it is important to note that for two whole years from June 1940 (fall of France) and June 1942 (entry of Soviet Union as an Allied Power) Great Britain and the British Empire with Sir Winston Churchill at the helm singlehandedly resisted the Axis Powers. Sir Winston Churchill, celebrated in the UK and much of the Western world as a champion of democracy and freedom is a figure of abhorrence and hate in much of the formerly colonized world for his imperialism, racism, and presiding over a human made famine in Bengal which killed approximately 3 million people. Yet it is often forgotten that Sir Winston Churchill received the Nobel Prize not for Peace but for Literature in 1953. This course will take us through selected readings from Winston Churchill’s account of the The Second World War first published in the United States in 6 volumes. This will be an exploration of the history of the Second World War through the writings of Churchill supplemented by secondary readings which stress the life and times of Sir Churchill.

Biography: Tathagata Dutta grew up in Calcutta, India, in what was once the capital of British India. Since the age of 18 he has been on a westward journey to Delhi where he attended St. Stephen’s College for a B.A. in History and then to the U.K. for a MPhil in World History from the University of Cambridge. Presently he is a PhD Candidate in the Department of History at Tufts. The primary area of his research is frontiers and borders of Asia. Tathagata has led previous study groups, including, most recently: The End of Empires and The Rise of Asia.
Smartphone Filmmaking  
*Stephen J Knifton, Outside Instructor*

**6 Sessions, Somewhat interactive—a mix of lecture and discussion**

**Tuesdays, 10am - 12pm (Nov. 2, 9, 16, 23, 30 Dec. 7)**

**$150**

What’s the best camera to learn the art of filmmaking? The one you already own!

With the help of an inexpensive app we can shoot and edit film-quality videos with our smartphones, easily up to the standards of social media as well as commercial and brand video work, documentary, and narrative film work. Master the control and capabilities of professional cinematographers and design the look, color, lighting, audio and composition of every single shot in a smartphone film. Suitable for aspiring filmmakers, entrepreneurs, video storytellers, social media content creators and content producers. We’ll explore supplemental gear that can raise your creative capabilities even further, such as add-on lenses, audio and lighting, and stabilizers. We’ll review the gear and consider the creative and cost-benefit value of each.

*No prior film or photography experience is necessary.*

**Note:** Students will be required to purchase the “Filmic Pro” app ($14) and will be encouraged to shoot and share work on a weekly basis.

**Biography:** Stephen Knifton is an Emmy-award winning TV news producer, credited for creating and producing engaging and highly-rated news programming. Steve moved onto the digital content world and created work for museums, engineers, architects, designers, hospitality + tourism, and business development clients. For the past few years Steve has (remotely) taught video storytelling and smartphone filmmaking at a number of colleges. Steve lived and worked in both New York and Toronto and distance-teaches in both Canada and the US. *Stephen is a new study group leader for Osher.*

Technology and Its Impact on Society  
*Gaurav Sharma, Tufts Graduate Student*

**4 Sessions, Highly interactive—lots of discussion**

**Fridays, 8am - 10am (Nov. 5, 12, 19, Dec. 3)**

**$100**

In today’s increasingly digital world everyone is having questions about technology. Comparing a new technology concept with something that we all are familiar with makes it easier for us to understand. I would like to spread awareness on topics such as the internet - a necessary evil - cyber security, autonomous cars, the future of the web, the impact of emerging technologies on society and digital divide, etc. I will share one page articles before the class and encourage active discussions in the group.

**Biography:** Gaurav is a global citizen with 16 years of experience in telecom and automotive industries. Gaurav lived in 30 countries and speaks 4 languages. He earned a degree in Bachelor of Engineering with majors in Electronics and Telecommunication back in 2005. Through his course he developed a passionate interest in digital communications. At Nokia and Volkswagen Gaurav built teams with people from different geographies and diverse backgrounds to achieve one common business objective for small- and large-scale multimillion-dollar projects. In the last job Gaurav was working as Product Strategy Manager with Volkswagen Germany and designing connectivity car products. His long-term goal is to work as a social entrepreneur to solve the world’s pressing challenges. Gaurav’s fascination with real-world problems comes from his early experiences in India and later traveling in Burma, Russia and Eastern Europe. Gaurav plans to launch his own venture- based on technology to tackle one of the social challenges. *Gaurav is a new study group leader for Osher.*
The Egyptians: Kingdoms, Intermediate Periods, Oh My!
Hannah Alexandra Male, Tufts Alum

8 Sessions, Somewhat interactive—a mix of lecture and discussion
Wednesdays, 10am - 12pm (Nov. 3, 10, 17, Dec. 1, 8, 15, 22, 29)
$175

An overview of the chronology and cultural themes of pharaonic Egypt ending with its absorption by Rome in 31 AD. This will be paired with uncovering Egyptian cultural motifs. Classes 2-8 will be paired with optional readings from The Literature of Ancient Egypt: An Anthology of Stories, Instructions, Stelae, Autobiographies, and Poetry, edited by William Kelley Simpson (Yale University Press, 2003). At the beginning of the classes that have the optional readings, there will be a short discussion and/or overview of the primary source. Sessions that cover the Intermediate Period will also include the matching historical context of the ancient Near East.

Note: This is a repeat of the Spring 2019 class.

Biography: History and archaeology buff Hannah Male is a 2019 graduate of Tufts History and Museum Studies MA program. Her coursework has focused on the ancient world and the history of archaeology. She has been accepted to the Heritage of Egypt and the Middle East MA program at University College London but is deferring until 2022. Ultimately she hopes to become a curator of Egyptian and/or Near Eastern antiquities. Currently she is located back home with family in CT. Hannah also offers World History/ Social Studies Tutoring services for the rest of 2021. Hannah has led previous study groups including, most recently: World History Through Maps.

The Poetry of the Ville: West Medford in Verse
Terry E. Carter, Outside Instructor

1 Sessions, Somewhat interactive—a mix of lecture and discussion
Friday, 2pm - 4pm (Dec. 10)
$25

My study group for the late Fall will reprise my August session. It will be a poetry-fueled presentation about the history, culture and origins of the African-American community of West Medford. It will highlight the legacy and future of this changing neighborhood. Participants will have the opportunity to hear a dynamic set of poems and see a few videos. They will be able to discuss and comment on the work and interact with each other throughout. I recommend that attendees read my 5th book, Brown Skin and the Brave New World, prior to the class.

Note: This is a repeat of the Summer 2021 class.

Biography: Terry E. Carter is a gifted poet and speaker. Terry lives in Randolph but was born and raised in Medford, MA and directs elder services at the historic West Medford Community Center. He is a classically-trained writer whose literary influences range from Shakespeare to the Harlem Renaissance. Terry is a husband, a father and an ordained Deacon and Arts Minister. He enjoys taking contemporary life and faith experiences and translating them into word pictures that engage people in a truly unique way. He has published five volumes of inspired poetry including his most recent book, Brown Skin and the Brave New World: A Poet’s Anthem, which was released in the fall of 2020. Terry is a cancer-survivor and has written about this journey extensively. The year he was named Medford’s first-ever Poet Laureate. Terry’s poetry books are available from his website: www.brownskinnedpoet.net. Terry has taught twice at OLLI this year. Terry has led previous study groups including, most recently this study group in the summer of 2021.
The Remembrance of Tragedies  
*Jeremiah Anthony, Tufts Alum*

4 Sessions, Somewhat interactive—a mix of lecture and discussion  
**Mondays, 6pm - 8pm (Nov. 1, 8, 15, 22)**  
**$100**

How do we talk about wars and human rights abuses after they have happened? Who gets to tell the story? Who gets to hear the truth? Who gets to remember and who gets to forget? How do we determine what has happened? This study group will study the histories of genocides and other types of mass killings, conflicts, and other evils humans have wrought. The study group will probe the depths of human sadness to explore the answers to these questions and more.

**Biography:** Jeremiah would like to echo countless historians from before who say “the role of history is to preserve from decay what humans have been. For that reason it is the tale of hurt, suffering, and hate but also of community, success, and love.” This study group will examine sadness but also our redemption and triumphs. He is a recent graduate of the Fletcher School of Law and Diplomacy. *Jeremiah has led previous study groups including, most recently: The Pacific: Master of the World.*

Understanding Music  
*Vedran Mehinovic, Outside Instructor*

8 Sessions, Minimally interactive—mostly lecture  
**Tuesdays, 4pm - 6pm (Nov. 2, 9, 16, 23, 30, Dec. 7, 14, 21)**  
**$175**

This course caters to a broad range of musical experiences. Combining the elements of acoustics, Western music theory and history, and world music, even the students with some musical background will find new areas to explore. The topics include the propagation of sound in space, human and animal sound perception, history of music notation and printing, spectral analyses of various instruments, development of polyphony, and landmark works throughout the centuries. The learners will receive a global perspective of musical activity and an awareness of how even distant events can shape our sonic world (e.g. the relationship between Mesopotamian lutes and the electric guitar). The select themes aim to inspire continued musical pursuits well after the course has been completed. There is no required reading and the participants can simply listen.

**Note:** This is a repeat of the August 2020 class.

**Biography:** Vedran Mehinovic was born in Sarajevo, Bosnia and Herzegovina. A gifted pianist from an early age, he and his musical family helped maintain the artistic life of the city during Bosnian War. Mehinovic received bachelor’s and master’s degrees in Composition from New England Conservatory and a doctorate from University of California, Santa Cruz. In 2007 his piece RA was selected as one of just three orchestral works to be performed during the Gaudeamus Music Week in Amsterdam, winning Honorable Mention at the week’s end. An enthusiast of world arts Mehinovic has organized concerts of Korean, Hindustani, Uyghur, and Chinese musics in Boston. He facilitated the Pacific Rim Music Festival 2010 and 2017, which took place in multiple international locations and featured new compositions for Korean and Western instruments. Mehinovic’s works have been performed in Bosnia, Croatia, Switzerland, France, Portugal, Spain, Italy, the Netherlands, Japan, Korea and the United States. *Vedran has led previous study groups including, most recently this study group in August 2020.*
Write Fiction for National Novel Writing Month (NaNoWriMo) Challenge!

Chris Farrow-Noble, OLLI Member

6 Sessions, Highly interactive-lots of discussion
Mondays, 10am - 12pm (Nov. 1, 8, 15, 22, 29, Dec. 6)

$150

Have you dreamed of writing fiction? November is National Novel Writers Month (NaNoWriMo) when writers of all abilities write fiction with the support of this non-profit that believes in the transformational power of creativity. In 2020, 550,000 writers accepted the challenge to write 50,000 words for a new novel by November 30. NaNoWriMo tracks writers' words, hosts events, and shares pep talks by authors. Participants' writings are not read or critiqued. In 2005 and 2009 I wrote drafts for two young adult novels. Let's accept the challenge! Focus, discipline and a can-do attitude will help as we write 6-7 double-spaced pages per day and support each other through writers' blocks, doubts, and inner critics. Note: Registration required for the free 2021 challenge at NaNoWriMo.org.

Biography: Chris writes daily in her dream and nature journals as well as leads OLLI study groups in memoir writing. She was thrilled to complete the NaNoWriMo challenges in 2005 and 2009, producing two young adult novels entitled Black Shoes and The Labyrinth's Nudge. Writing fiction has offered her new, very exciting avenues into her creativity and she’s eager to participate in 2021 NaNoWriMo, hopefully with OLLI members on board. Chris has led previous study groups including, most recently: Reconnecting with Anne Frank’s Life and Writing.
# Lunch and Learn Talks

Lunch and Learn “Zoom” Lectures
Talks take place on Wednesdays and run from 12:30 - 1:30pm!

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<th>Date</th>
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<td>Oct 6</td>
<td>Dr. Zarin Machanda, Usen Family Career Development Assistant Professor, Department of Anthropology, Tufts University</td>
<td>What Chimpanzees Can Teach Us About Aging</td>
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<td>Oct 13</td>
<td>Dr. Katie Matthews, Chief Scientist, Oceana</td>
<td>Save the Oceans, Feed the World</td>
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<td>Oct 20</td>
<td>Dr. Martin Allen, Associate Teaching Professor, Computer Science, Tufts University</td>
<td>Why is this Algorithm so Biased?</td>
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<td>Oct 27</td>
<td>Drew Sullivan, Co-Founder and Publisher of the Organized Crime and Corruption Reporting Program</td>
<td>Understanding Dark Money Flows and What they Mean for the Future of Democracy</td>
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<td>Nov 3</td>
<td>Megan Marshall and David Gullette, Performers/Speakers, The Poets’ Theatre</td>
<td>Meet Scott Harney with The Poets’ Theatre</td>
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<td>Nov 10</td>
<td>Emily Levine, Supervisory Park Ranger for Interpretation and Education, Longfellow House-Washington’s Headquarters NHS</td>
<td>Within These Walls: An Introduction to Longfellow House-Washington's Headquarters NHS</td>
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<td>Nov 17</td>
<td>Tim Brothers, Observatory Manager, MIT Wallace Astrophysical Observatory</td>
<td>Why We Need Dark Skies: The Impact of Light Pollution on Planetary Health</td>
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<td>Dec 1</td>
<td>Dr. Amanda Frost, Bronfman Distinguished Professor of Law and Government at American University</td>
<td>You Are Not American: Citizenship Stripping from Dred Scott to the Dreamers</td>
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<td>Dec 8</td>
<td>Dr. Paul Jacques, Professor, Senior Scientist, Jean Mayer USDA Human Nutrition Research Center on Aging, Tufts University</td>
<td>The Role of B Vitamins in Maintaining Brain Health</td>
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HOW TO REGISTER

1. Become a Member or Renew your Membership
   *(Membership runs from 7/1/2021-6/30/2022)*
   By visiting our website: [https://universitycollege.tufts.edu/lifelong-learning](https://universitycollege.tufts.edu/lifelong-learning)

   *Membership is required for class registration.*

2. Register Starting on Tuesday, Oct. 12th at 9am.
   - Register online - E-newsletter subscribers will automatically receive a reminder email with registration instructions. Email OsherLLI@tufts.edu and join our e-newsletter to get a reminder and more!

3. Receive Confirmation and Submit Payment
   After the close of initial registration, we will contact you with a summary of your courses, your total balance due, and payment instructions.

REGISTRATION SCHEDULE

- Initial Registration Period: Oct. 12-13
- OLLI Office Confirms Initial Course Enrollments: Oct. 15th
- Add/Drop Period: Oct. 18th - 31st
- Classes Begin: November 1st

PRICING
Membership Fee: $50
Study Group Pricing: Varies by Course

HOW TO PAY
After your registrations for the term are finalized, our office will contact you to let you know how much you owe. You will then have the option to pay via our online payment portal, or send a check *(made payable to Trustees of Tufts College)* to our office.

FINANCIAL AID
Partial tuition remission is available on a limited basis. For more info, call our main office and ask to speak with the director.

WITHDRAWALS & CANCELLATIONS
You will be charged $25 for each withdrawal before the second session of a multi-session class. *(No refunds will be available after the second session.)* If the OLLI office cancels any courses, full refunds will be issued. When an individual session needs to be cancelled due to instructor illness or other reason, we do our best to schedule a makeup session.