OSHER LIFELONG LEARNING INSTITUTE
AT TUFTS UNIVERSITY

SEPT/OCT 2021
ONLINE STUDY GROUPS
Inna Khazan
Clinical Psychologist
Tuesday, December 7th • 7:00pm
Anxiety and Uncertainty: How to Tame the Chaos with Mindfulness and Biofeedback

Inna Khazan, PhD, BCB is a licensed clinical psychologist specializing in biofeedback and mindfulness-based approaches to optimizing health and performance. Dr. Khazan is a faculty member at Harvard Medical School, where she teaches and supervises trainees. In this talk, Dr. Khazan will explore misconceptions about anxiety, and discuss helpful ways of coping with anxiety and moving forward with our lives.

Kate Clifford Larson
New York Times Bestselling Author
Monday, October 18th • 7:00pm
Walk With Me: Fannie Lou Hamer's Challenge to America

Kate Clifford Larson is a bestselling author of critically acclaimed biographies including Bound for the Promised Land: Harriet Tubman, Portrait of an American Hero and Rosemary: The Hidden Kennedy Daughter. Her latest work, Walk With Me: A Biography of Fannie Lou Hamer tells the remarkable story of one of America's most important civil rights leaders of the 20th century during the Civil Rights Movement of the 1960s & 1970s.

Michael Tougias
New York Times Bestselling Author
Tuesday, November 23rd • 7:00pm
The Finest Hours: The True Story of the U.S. Coast Guard’s Most Daring Sea Rescue

On February 18th, 1952 an astonishing maritime event began when a ferocious nor’easter split in half a 500-foot long oil tanker, the Pendleton. Incredibly, just twenty miles away, a second oil tanker, the Fort Mercer, also split in half. Thus began a life and death drama of survival, heroism, and a series of tragic mistakes. Michael Tougias, co-author of The Finest Hours, will use slides of the storm, the sinking tankers, the rescues, the victims, the survivors and the heroes to tell the story of this historic event.

Inna Khazan
Clinical Psychologist
Tuesday, December 7th • 7:00pm
Anxiety and Uncertainty: How to Tame the Chaos with Mindfulness and Biofeedback

Inna Khazan, PhD, BCB is a licensed clinical psychologist specializing in biofeedback and mindfulness-based approaches to optimizing health and performance. Dr. Khazan is a faculty member at Harvard Medical School, where she teaches and supervises trainees. In this talk, Dr. Khazan will explore misconceptions about anxiety, and discuss helpful ways of coping with anxiety and moving forward with our lives.

All talks will take place on Zoom. Registration is required.
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“Everyone Has A Story: Holding Memory For Yourself and Others”
Leora Tec, Outside Instructor
4 Sessions, Highly interactive—lots of discussion
Wednesdays, 10am-12pm (Oct 7, 14, 21, 28)
$100

“Everyone Has A Story” is an interactive workshop for those who are interested in exploring their relationships to their own family histories and are willing to share with others in a safe space. We will be guided by lessons learned from Polish “Rescuers of Memory” (non-Jewish Poles who are preserving Jewish memory). These lessons include: appreciating fragments, holding history for “the other” and accepting that everyone has a story. The class will involve writing, watching videos and discussion. We will be joined during one of our meetings by one of the Polish “Rescuers of Memory.” The instructor, the daughter of Holocaust survivor and Holocaust scholar Nechama Tec, has spent the last 15 years immersed in the world of Jewish memory in Poland and has created an online video archive of conversations with non-Jews preserving Jewish memory called The Nesho-ma Project.

Participants need not have any connection to Jewish Poland, merely an openness to learn about it and a curiosity to explore issues related to memory and remembrance. Participants agree to engage in the activities of the workshop and to share with fellow participants.

Participants are encouraged to join from a laptop (not a cell phone) from a quiet, stationary location with good lighting so the other group members can see you.

Biography: Leora Tec is the founder and director of Bridge To Poland, which seeks to educate people about Jewish history in Poland with an emphasis on how the Jews of Poland are being remembered by non-Jewish Poles today. Leora is the Special Projects Partner of Brama Grodzka-Teatr NN in Lublin, Poland and a Mary Elvira Stevens Traveling Fellow from Wellesley College (2018-2019). Leora’s mother, Nechama Tec, is a Holocaust survivor and Holocaust scholar whose book, Defiance, was made into the film of the same name starring Daniel Craig and Liev Schreiber. Leora holds a B.A. from Wellesley College and a J.D./LL.M. from Duke University School of Law. Leora has given numerous lectures and workshops in the US, Poland and Israel, including at Yad Vashem, Boston College and Brandeis. Leora has led previous study groups, including this one, and most recently, Reading Three Minutes In Poland: Exploring Family History.

A Terrible Beauty: Narratives of The Troubles In Northern Ireland
Kathleen Shine Cain, Outside Instructor
4 Sessions, Primarily Discussion-based
Fridays, 10am-12pm (Oct 8, 15, 22, 29)
$100

From 1969 through 1998, the people of Northern Ireland endured bombings, kidnappings, assassinations, and rioting—a civil war known as The Troubles. This course will begin with a brief overview of the centuries-long fight for Irish independence before focusing on the impact of the conflict on people’s everyday lives. We will experience The Troubles from three different perspectives: an embedded American journalist, a sixteen-year-old high school girl, and a group of first-year university students, all of whose lives are indelibly marked by the violence surrounding them. The two diaries and several personal essays that we will discuss comprise about 500 pages of relatively easy but compelling reading. We will also view the wall murals of Belfast and Derry, providing a visual counterpart to the narratives.

Biography: During a 35-year career in higher education, Kathleen Shine Cain taught courses in literature and writing, and directed the Merrimack College Writing Center. She has acted in college productions (First Witch in Macbeth!), written several textbooks, and presented at regional, national, and international conferences. After spending a year as a visiting professor in Belfast, Northern Ireland, she developed a study abroad course on the Troubles, introducing students to the people who lived through that tumultuous period. Kathleen has led previous study groups, including, most recently A Terrible Beauty: Narratives of the Troubles in Northern Ireland.
Astronomy Topics
Robert Staron, OLLI Member
4 Sessions, Somewhat interactive—a mix of lecture and discussion
Thursdays, 2pm-4pm (Sept 9, 16, 23, 30)
$100
In this study group we will organize our study into four areas.
1. A look at the naked eye objects and groupings of objects visible in the day and night sky and how the sky and its contents change on an hourly, daily, monthly, yearly and random way.
2. A historical look at humankinds first and latest attempts to explain and understand the Solar System, from Aristotle to Einstein.
3. The contents of the Solar System and current discoveries of extra solar objects.
4. How astronomers have and currently measure distances within the Solar System out to the edge of the observable universe.
There is no required homework. The class will build and learn to use a Star Finder, have the opportunity to complete some worksheets and read some articles that will be electronically provided.

Biography: Robert Staron is an OLLI member, amateur astronomer and teacher. He received his MS in Astronomy from Wesleyan University, CT, was the Director of the Springfield Science Museum, and a physics and astronomy teacher at Springfield Public Schools, Westfield State University, Holyoke Community College, and Springfield Technical Community College. Robert has led previous study groups, including, most recently An Introduction to the Solar System.

Classic Films of Steven Spielberg
Arnie Wright, OLLI Member
5 Sessions, Highly interactive—lots of discussion
Tuesdays, 10-11am (Sept 14, 21, 28; Oct 5, 12)
$62.00
Steven Spielberg (1946-) has directed over 35 films and produced over 20 films, many of which have been box office blockbusters including Jaws, Raiders of the Lost Ark, E.T., Jurassic Park, Schindler’s List, Saving Private Ryan, and Lincoln. He made his first home movie at age 12, his first major film at 20, and received a multi-year directing contract at 23. Spielberg began his professional career directing television shows and has directed or produced a number of television programs. His first major film success was Jaws in 1975. Spielberg co-founded two film studios, Amblin Entertainment and DreamWorks. He has won numerous awards including two Academy Awards for Best Director (nominated seven times) and Best Picture (nominated eleven times). He continues to be an active director and producer. Participants in this five week course will independently view a different Spielberg film each session, followed by a 45-60 minute discussion and critique. We’ll watch the following films, all of which are available to be streamed from services like Amazon Prime, typically for around $4 each:
• Close Encounters of the Third Kind
• The Color Purple
• Always
• Saving Private Ryan
• Lincoln

Biography: Arnie Wright is a retired business school professor, who taught most recently at Northeastern University. He loves movies and discussing them with others, hence, the desire to lead this Steven Spielberg movie class. Arnie has led previous study groups, including, most recently Classic Films of Alfred Hitchcock II.
Dante's Paradiso
Francesco Castellano, OLLI Member
8 Sessions, Somewhat interactive—a mix of lecture and discussion
Thursdays, 10am-12pm (Sept 9, 16, 23, 30; Oct 7, 14, 21, 28)
$175

We will read mainly sixteen selected cantos, two per week from Paradiso. You are expected to read the assigned text before class and also the summaries which you will receive in a file containing all 33 cantos. We will make references to Inferno and Purgatorio—no need to have read these before. We will illustrate the structure of Paradiso and how it fits in Dante’s cosmological, theological, and philosophical thought. Paradiso is the third and final canticle, as such it is a “continuation and a culmination” of the Divine Comedy. In class we will read and discuss the text with references to the Italian text and Francesco will read excerpts to enhance the appreciation of the rhythm and music of the language. Also Francesco will show paintings and play music related to events in the Comedy.

Biography: Francesco Castellano is a native speaker of Italian with a lifelong interest in music, literature and history. In addition to his military career (he retired as a Colonel, U.S. Army) he had a career in High Tech where he started as a technical translator. He taught languages from Jr. High level through College and has a Master’s in Italian Literature from Boston College where he currently teaches Italian. In the last three years he has presented the entire Divine Comedy and Italian Opera at Tufts Osher. Francesco has led previous study groups, including, most recently Dante’s Purgatory.

Drawing On The Right Side of The Brain
Taylor Black, Graduate Student
6 Sessions, Highly interactive—lots of discussion
Tuesdays, 4pm-6pm (Sept 21, 28; Oct 5, 12, 19, 26)
$150

In this study group, we will take exercises from the popular book Drawing on the Right Side of the Brain by Betty Edwards and practice them in class. In addition to exercising our creative thinking muscles, we will have some in-class videos, lectures, and assigned readings (light reading) about creativity. This class will be designed for those with any type of artistic experience, whether you like drawing sticks figures or detailed portraits!

Biography: Taylor is a graduate student at Tufts University in the Fletcher School of Law and Diplomacy, but in her free time enjoys watercolor painting, fashion illustration, and nature sketching. She is a self-taught artist that believes that everyone can learn to draw. She is excited to assist you on your journey! Taylor has led previous study groups, including, most recently Sustainable Living: Habits to Heal the Environment.

Evocative Voices: A Study of Short Stories and Essays
Jane Katims, OLLI Member
8 Sessions, Highly interactive—lots of discussion
Thursdays, 10am-12pm (Oct 7, 14, 21, 28; Nov 4, 11, 18; Dec 2)
$175

In this class, we will focus on three authors whose voices are distinct and compelling. We will explore the range and craft specific to the short story and essay forms, and we will compare themes, styles of writing, and character development. Among the questions we ask: How do the authors express human impulses and emotions? How do they create atmospheres and moods? How is time managed in the narratives? Class members will be asked to locate or buy three books and read approximately 60 pages per week. The class encourages spirited discussion—diverse and provocative—about the contemporary narratives we consider together. For our first class, please read the stories “Mother’s Son,” “Phosphorescence” and “Matrilineal” in the collection Sunstroke by Tessa Hadley.

The books we will read are: Sunstroke and Other Stories, Tessa Hadley (2007); Festival Days, Jo Ann Beard (2021); Mothers and Sons, Colm Toibin (2007). All three books can be found on Amazon, in bookstores and/or libraries.
Biography: Jane Katims has written and produced six radio series for Wisconsin Public Radio, one earning her a Peabody Award in broadcasting. She has published stories in Pearl Magazine, The Coachella Review, Proximity, and West Texas Literature Review. She is the author of the poetry collection, Dancing on a Slippery Floor. As well as teaching at OLLI at Tufts she teaches literature and creative writing at The Cambridge Center for Adult Education. Jane is a member of the Board of Visitors of the English Department at The University of Wisconsin-Madison as well as a member of the Board of Visitors of The Cambridge Center. She lives with her family near Boston. Jane has led previous study groups, including, most recently Lives Observed: Powerful Short Stories.

Evolution: Processes and Puzzles
Kiril Sinkel, OLLI Member
4 Sessions, Somewhat interactive—a mix of lecture and discussion
Mondays, 10am-12pm (Oct 4, 11, 18, 25)
$100
Join us as we explore the role of evolution in shaping the myriad kinds of living things on earth. We will start by considering what distinguishes life from non-life and examine some of the latest theories of how life began in the first place. Then we will look at how cells evolved and grew complex and capable enough to support multi-cellular organisms with specialized tissues and organs. We will then examine the latest understandings of how new species evolve. This new synthesis integrates genetics, embryonic development (evo-devo), behavior and the surprising flexibility organisms show in tailoring their behaviors and even body structures in response to environmental challenges. Finally we will try to identify the frontiers of evolution and the directions in which life may develop in the future. We will make use of many concrete examples of actual animal and plant biology and behavior. Active discussion will be encouraged. This course is meant to be accessible to anyone with an interest in science. No particular biological knowledge is assumed. Suggestions for optional readings on the internet will be made for those interested in delving deeper.

Biography: Kiril Sinkel, a retired computer programmer, has had a long-term interest in natural information systems like the genome and neural system and has been auditing Boston University genetics, microbiology, evolution and neuroscience classes over the last ten years. Kiril has led previous study groups, including, most recently DNA: The Recipes of Life.

Five Elements of Nature Yoga
Yolanta Kovalko, Tufts Staff
8 Sessions, Somewhat interactive—meditation and yoga
Mondays, 4pm-5pm (Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1)
$100
Five Elements of Nature Yoga is a powerful practice that invites participants to celebrate their body with gentle yoga postures, flow with yogic breathing, revitalize energy with mudras, (hand gestures) cleanse with self-massage, and find deep restorative rest. According to the ancient wisdom of yoga, Earth, Water, Fire, Air and Ether (Space) are the archetypal building blocks that compose everything in the Universe, including nature and the human body. Wellness depends on the balance of these internal five elements. Five Elements of Nature Yoga, weaves together the rich tradition of yoga, Ayurveda, Traditional Chinese Medicine, yoga therapy, and nature’s wisdom. The goal is balance and harmony within oneself. This practice will connect participants with their inner nature and inner rhythms, as well as nourish whole being with joyous movement, deep relaxation, and connection with true Self. With Five Elements of Nature Yoga, participants will learn how to guide themselves back into harmony to tap into their greatest potential. Creating natural constitution that can come into perfect flow with life to enjoy increased health, happiness, peace, and potential.

Biography: Yolanta Kovalko is a certified yoga and meditation teacher who owns and teaches at her studio, Ball Square Yoga in Somerville. She has been practicing yoga for the last 15 years and teaching for the last 6 years. She enjoys working with mature students and offers her expertise and specialization to students who may need more time, attention and assistance with their practice. She strives to create safe, comfortable and relaxing environment for all her students. She and her husband, (a documentary filmmaker) live in Somerville and she is a proud mother, grandmother and pet mommy. Yolanta has led previous study groups, including, most recently: Guided Meditation, and Adaptive (Chair) Yoga.
Foreign Policy of The United States Since The First World War
Tathagata Dutta, Tufts Graduate Student
8 Sessions, Somewhat interactive—a mix of lecture and discussion
Thursdays, 10am-12pm (Sept 9, 16, 23, 30; Oct 7, 14, 21, 28)
$175
This course puts the history of the United States in a wider international and global context. Exploring the rich and evolving historical literature that sees the United States not only as a driver of historical trends but as one site reflecting and absorbing profound historical forces. We will interrogate the US involvement in the world wars of the period as well as the globe-straddling Cold War and US hegemony at the start of the twenty-first century. We will also explore how diverse concepts of human rights, race, humanitarianism, international education, and development evolved and were contested in international and American society in the period. Each week will typically begin with 45 minutes of lecture, followed by 75 minutes of discussion based on that week’s readings (not more than 100 pages per week).

Biography: Tathagata Dutta grew up in Calcutta, India, in what was once the capital of British India. Since the age of 18, he has been on a westward journey to Delhi where he attended St. Stephen’s College for a B.A. in History and then to the U.K. for a MPhil in World History from the University of Cambridge. Presently he is a PhD Candidate in the Department of History at Tufts. The primary area of his research is frontiers and borders of Asia. Tathagata has led previous study groups, including, most recently The End of Empires and The Rise of Asia.

Global Outlaws and Outlaw Regimes
Shannon Moryl, Tufts Alum
4 Sessions, Highly interactive—lots of discussion
Tuesdays, 2pm-4pm (Oct 5, 12, 19, 26)
$100
This course explores the development of international law, human rights, and institutions to enforce these concepts. We will start by exploring how pirates, dubbed “hostis humani generis” or “enemies of mankind,” inspired international legal codes and judicial systems to punish piracy. We will then shift focus to thinking about how governments themselves can be considered criminal enterprises in their violation of human rights. We will compare Nazi Germany, Jim Crow in the U.S., and Apartheid in South Africa to determine when the International Community has been successful in enforcing human rights, and what mechanisms it has used to this end. Finally, we turn our attention to illegal trade in contemporary society, examining traditional criminal enterprises such as cartels in addition to new international criminal schemes made possible by the Internet.

Biography: Shannon Moryl is a Global Studies and Civics teacher at Ottoson Middle School in Arlington, MA. She graduated from Wake Forest University in 2019 with a double major in History and Philosophy and a minor in Political Science and International Affairs. She also received a Master of Arts in Teaching for Secondary Education in History from Tufts University in 2020. She is very passionate about teaching, and is interested in learning about all things pertaining to the past, the present, and the future of human society. Shannon has led previous study groups, including, most recently Ethical Reflections: Lessons on the Self.

Great Decisions 2021
Joe Ash & Pete Baldwin, OLLI Members
8 Sessions, Somewhat interactive—a mix of lecture and discussion
Wednesdays, 10am-12pm (Sept 8, 15, 22, 29; Oct 6, 13, 20, 27)
$175
Participate in a series of thought-provoking discussions about eight key issues of concern to today’s U.S. policymakers: Global Supply Chains and National Security; Persian Gulf Security Issues; Brexit and the European Union; Struggles Over the Melting Arctic; China’s Role in Africa; The Korean Peninsula; Roles of International Organizations in a Global Pandemic; The End of Globalization? We’ll draw primarily on our required text, Great Decisions 2021 Briefing Book, a publication by the Foreign Policy Association (available for $32 plus shipping from www.fpa.org). We’ll review one topic per week. Each session will start with a video produced by the FPA featuring experts on the week’s topic, followed by additional background information provided by the study group leaders. The rest of the session will be devoted to open discussion based on the text, the video, the introduction, and the ideas and experience of class members, as we seek a deeper understanding of the issues
involved. Weekly readings will include about 15 pages from the required text plus occasional additional short articles.

**Note:** this study group will cover the same topics as the Spring 2021 group.

**Biography:** Joe Ash holds a B.S. in electrical engineering from Cornell University and a M.S. in management from Rensselaer Polytechnic Institute. During his 39-year career with an electric and gas utility, he held a number of officer-level positions in such areas as customer service, supply chain, regulatory affairs, pricing, and energy supply acquisition. He has been a member of Osher LLI since he and his wife retired to Somerville in 2009. In his retirement he has been certified as a mediator and has undertaken a variety of volunteer activities.

Peter Baldwin has been involved in all aspects of the gas turbine and compressor industries for over 50 years and has very broad general industry knowledge and equipment best practice. base-e is his Boston based independent consulting company focused on practical product positioning and commercialization strategies for Distributed Energy Technologies, Gas Turbines and various Air & Gas Compression interests. Pete was President of Ramgen Power Systems, a developer of an advanced shock compression technology for use in utility scale Carbon Capture and Storage Systems (CCS). Pete spent 33 years with Ingersoll-Rand Company, serving as President of Woburn-based NREC, the developer of the I-R’s microturbine for use in Distributed Power Generation. Pete holds a BSME degree from Purdue University. Joe and Pete have led previous study groups, including, most recently Great Decisions 2021.

**Gustave Flaubert, Master of 19th Century French Realism**

**Emese Soos, Tufts Faculty Emeritus**

6 Sessions, Highly interactive—lots of discussion

**Wednesdays, 2pm-4pm (Sept 8, 15, 22, 29; Oct 6, 13)**

$150

In this study group we will read and discuss *Madame Bovary* (1857) and the short stories in *Three Tales* (1877). *Madame Bovary*, one of the great classics of the novel, depicts mid-nineteenth century French provincial life, its stratified society, the characters who strive to rise above their station, and the obstacles in their way. The short stories in *Three Tales* are set in various times, locations, and realities. We will examine three aspects of Flaubert’s vaunted style: the neutral narrative voice, the rigorous precision in material details, and the fine tuning of the verbal flow. Weekly readings will be 75 pp. or less. Recommended editions: *Madame Bovary* - *Oxford World Classics*; *Three Tales* —*Penguin Classics*.

**Biography:** Emese Soos majored in French and history at Mount Holyoke College, earned a Ph.D. in French from the University of Wisconsin-Madison, and taught French language and culture courses at Tufts for over 30 years. She delights in revisiting some of her favorite literary works, this time in English. Emese has led previous study groups, including, most recently Two French Novels of 1831.

**Introduction To World Music**

**Vedran Mehinovic, Outside Instructor**

8 Sessions, Minimally interactive—mostly lecture

**Wednesdays, 4pm-6pm (Sept 8, 15, 22, 29; Oct 6, 13, 20, 27)**

$175

This course presents an overview of musical traditions around the world. Starting with North America and ending with Polynesia, the students will learn about instruments and performing styles they may not have encountered elsewhere. With an emphasis on more timeless practices and authenticity, the class topics typically predate the 19th century. This includes ancient music, like the oldest preserved score, Egyptian embalming hymns, etc. We will listen to over 100 audio examples, and there will be no mandatory reading.

**Biography:** Vedran Mehinovic was born in Sarajevo, Bosnia and Herzegovina. A gifted pianist from an early age, he and his musical family helped maintain the artistic life of the city during Bosnian War. Mehinovic received bachelor’s and master’s degrees in Composition from New England Conservatory, and a doctorate from University of California, Santa Cruz. In 2007, his piece RA was selected as one of just three orchestral works to be performed during the Gaudeamus Music Week in Amsterdam, winning Honorable Mention at the week’s end. An enthusiast of world arts, Mehinovic has organized concerts of Korean, Hindustani, Uyghur, and Chinese music in Boston. He facilitated the Pacific Rim Music Festival 2010 and 2017, which took place in multiple international locations and featured new compositions for Korean and Western instruments. Mehinovic’s works have been performed in Bosnia, Croatia, Switzerland, France, Portugal, Spain, Italy, the Netherlands, Japan, Korea, and the United States. Vedran has led previous study groups, including, most recently Understanding Music.
John Milton’s *Paradise Lost*
*John A. Murphy, OLLI Member*

**8 Sessions, Somewhat interactive—a mix of lecture and discussion**

**Fridays, 10am-12pm (Sept 10, 17, 24; Oct 1, 8, 15, 22, 29)**

$175

During these eight weeks reading the epic poem *Paradise Lost*, we will become acquainted with “one of the highest productions of the human mind” (Samuel Johnson). In brief lectures the SGL will give background material and comment on thematic and poetic issues as they come up. We will read the entire poem, but each week we will indicate selected passages for close reading and discussion in class, which should help those who lack time or practice to read thoroughly the whole assignment (30-40 pages).

The text is available here.

If purchasing a text, consider the Norton Critical Edition, Gordon Teskey, ed., which has a wide selection of secondary material. Plan to read Book I prior to the first session.

**Biography:** John Murphy has an M.A. (1998) from Tuft’s Dept. of Child Studies. Since retiring from construction, he has returned to his earlier study of the literature and philosophy of the early modern era, 1600-1789. *John has led previous study groups, including, most recently Milton Before Paradise Lost.*

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**Journalism In The Misinformation Era: Understanding Fake News and Ways to Counter It**
*Vishal Manve & Sisse Delff Harder, Tufts Graduate Students*

**8 Sessions, Somewhat interactive—a mix of lecture and discussion**

**Wednesdays, 4pm-6pm (Sept 8, 15, 22, 29; Oct 6, 13, 20, 27)**

$175

During the COVID-19 pandemic, we faced an “infodemic.” Misinformation campaigns targeting the veracity of mask mandates, election claims, using traditional decoctions to cure the infection symptoms spread on social media and elsewhere including on Twitter, Facebook, etc. While journalists struggled with regular reporting on health, infrastructure, and science, misinformation impacted communities as digital campaigns became pervasive and polished. In this course, you will learn the basics of fact-checking in the “do-it-yourself format.” From tools to techniques used to collate a series of databases to ensuring you practice digital hygiene, the course will ensure you can differentiate fake news from real news. In the second part of the course, we will explore how global newsrooms have invested heavily in fact-checking operations and creating training programs to help citizens understand how fake news spreads through social media effectively. In the third part, we will discuss how much to trust news platforms and what yardsticks to use. We will crowdsource and collate trusted local, national, and international news platforms for your daily usage. We will look at some tools that can help you create your own security safety matrix—to check who tracks your website usage, how to prevent falling for phishing and scams etc. Coursework will be sourced from AFP FactCheck, Snopes, NYT, The News Literacy Project, and other platforms that engage in fact-checking operations as part of their newsroom functions. Readings will cover the basics of journalism to offer attendees a ringside view of how newsrooms work. Reading will not exceed 15-20 pages per week.

**Biography:** Vishal Manve is a first year MALD graduate at The Fletcher School. Previous experiences include reporting for Agence France-Presse (AFP), BBC World News, and The Diplomat. Sisse Delff Harder is a MALD candidate at the Fletcher school and has worked as an investigative journalist. *Vishal and Sisse are new study group leaders for Osher.*

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**Justice and Human Rights in the Sports World**
*Daniel Cooper, Tufts Graduate Student*

**6 Sessions, Highly interactive-lots of discussion**

**Thursdays, 6pm-8pm (Sept 9, 16, 23, 30; Oct 7, 14)**

$150

Since the tragic death of George Floyd in May 2020, there has been an explosion of racial and gender justice activism by athletes in sports, both in the United States and around the world. Globally, athletes and fans have used their prominence and market power to call attention to human rights abuses, anti-democratic and klepto-
cratic practices of countries around the world that seek to host sporting events or acquire an interest in sports teams. This study group will explore the role of athletes, sports leagues, and other actors in sport in calling attention to issues of race, gender and human rights, both in the US and globally. Topics to be discussed will depend on student interest but will likely include: athlete activism and league responses to racial justice issues; US Women’s Soccer’s activism on equal pay for female athletes; “sportswashing”; and compensation for student athletes.

**Biography:** Daniel Cooper is an intellectual property attorney with his own firm in Stamford, Connecticut, where he specializes in trademark and copyright prosecution and litigation issues, and is highly active in the field of Sports and Entertainment Law. Dan is Chair of the Connecticut Bar Association Sports and Entertainment Law Section and has spoken at both state and national bar conferences on sports and entertainment law issues. Dan is currently a Master’s student at the Fletcher School at Tufts University. **Daniel has led previous study groups, including, most recently Intellectual Property, The Public Domain and The Innovation Society.**

**Musician Spotlight: Al Kooper and Michael Bloomfield**  
*Jim Gallagher, OLLI Member*  
**2 Sessions**, Highly interactive—lots of discussion  
**Wednesdays, 2pm-4pm (Oct 20, 27)**  
**$50**

From their first meeting at the session for Bob Dylan’s Like a Rolling Stone and their follow-up as part of the band at Dylan’s electrification of folk music at Newport to their invention of super groups (the Super Session recordings) Al Kooper and Mike Bloomfield helped create some of the seminal sounds of sixties rock. Individually and in their bands (The Paul Butterfield Blues Band, Electric Flag, The Blues Project, Blood, Sweat, and Tears) they introduced elements of blues, jazz, and classical music to rock audiences. In these two sessions we will mostly listen to the music they made (plus a few YouTube videos). Background information on both of them and the recordings will be provided before each session, with possibly some readings from Al’s autobiography. Active listening and participation is encouraged.

**Biography:** Jim Gallagher is a retired transportation planner. He’s been an active OLLI member for almost 10 years and has led study groups on movies and music. He was introduced to the album Super Session in his dorm on his first day in college and has been a fan of Kooper and Bloomfield’s music ever since. Despite living in the same community (Somerville) for over 20 years he has never managed to see Al Kooper live. **Jim has led previous study groups, including, most recently Science Fiction Movies at the Drive-in.**

**Perspectives On The Holocaust**  
*Thomas Burke, Outside Instructor*  
**6 Sessions**, Somewhat interactive—a mix of lecture and discussion  
**Mondays, 10am-12pm (Sept 13, 20, 27; Oct 4, 11, 18)**  
**$150**

The Holocaust, planned and carried out by Adolf Hitler’s Nazi Germany, was the most heinous organized crime in all human history. This course will seek the “how” and the “why” of The Holocaust in lectures and discussion/Q&A. There is no required reading, but a list of suggested readings and background materials will be provided. We will consider the Holocaust in historical context, including discussion of how antisemitism originated and grew from Biblical times to the 20th Century. We will also discuss current trends in the teaching, acknowledgment, and denial of the history of The Holocaust.

**Biography:** Thomas Burke is a freelance writer, writing tutor, and co-author of *Tales from the Boston College Hockey Locker Room*, a history of BC hockey. He is a history enthusiast who has developed a deep personal interest in the Holocaust. He recently completed a memoir in collaboration with a survivor of three concentration camps who lived to be a passionate spokesperson about the Holocaust. He conducted extensive research over the past five years and developed this course in order to share and discuss his findings with those who are interested in knowing more about the Holocaust. **Thomas has led previous study groups, including this study group in October 2020.**
Scotland: Its Past, Present and Future
Daniel Cooper, Tufts Graduate Student
8 Sessions, Somewhat interactive—a mix of lecture and discussion
Fridays, 2pm-4pm (Sept 10, 17, 24; Oct 1, 8, 15, 22, 29)
$175
In 2014, 45% of the Scottish electorate voted to leave the United Kingdom. Current polls suggest that if a second referendum on the independence were to occur, a majority of the Scottish public would vote for independence. Significant majorities of Scottish citizens regard their identity, and history, as closer to Europe than to England or the rest of the United Kingdom. This is, of course, based on a thousand years of fraught, violent and complex British history. This group will represent a short "crash course" on the history of Scotland, focusing particularly on its politics, national identity, culture, relations with its neighbor to the south and its place in the UK and the European Union, past and future.

Biography: Daniel Cooper is an intellectual property lawyer by trade and a historian by passion. He has a BA and MA in History from Clark University, a JD from the University of North Dakota and, most importantly, a Master of Laws concentrating on international and comparative law from the University of Edinburgh, where he studied Scottish legal and political history in depth. Dan is currently a student at the Fletcher School of Law and Diplomacy, Tufts University. Daniel has led previous study groups, including, most recently Intellectual Property, The Public Domain and The Innovation Society.

Smartphone Filmmaking
Stephen Knifton, Outside Instructor
6 Sessions, Somewhat interactive—a mix of lecture and discussion
Tuesdays, 2pm-4pm (Sept 14, 21, 28; Oct 5, 12, 19)
$150
What’s the best camera to learn the art of filmmaking? The one you already own! With the help of an inexpensive app, we can shoot and edit film-quality videos with our smartphones; easily up to the standards of social media, commercial and brand video work, documentary, and narrative film work. Master the control and capabilities of professional cinematographers and design the look, color, lighting, audio and composition of every single shot in a smartphone film. Suitable for aspiring filmmakers, entrepreneurs, video storytellers, social media content creators and content producers. We’ll explore supplemental gear that can raise your creative capabilities even further; such as add-on lenses, audio and lighting, and stabilizers. We’ll review the gear, and consider the creative and cost-benefit value of each.

No prior film or photography experience is necessary.
Note: students will be required to purchase the “Filmic Pro” app ($14), and will be encouraged to shoot and share work on a weekly basis.

Biography: Stephen Knifton is an Emmy-award winning TV news producer, credited for creating and producing engaging and highly-rated news programming. Steve moved onto the digital content world, and created work for museums, engineers, architects, designers, hospitality + tourism, and business development clients. For the past few years, Steve has (remotely) taught video storytelling and smartphone filmmaking at a number of colleges. Steve lived and worked in both New York and Toronto, and distance-teaches in both Canada and the US. Stephen is a new study group leader for Osher.
The 6 Greatest Arias in 6 Weeks
Barry Schoenfeld, Outside Instructor
6 Sessions, Somewhat interactive—a mix of lecture and discussion
Mondays, 4pm-6pm (Sept 13, 20, 27; Oct 4, 11, 18)
$150
No matter whether you’re new to opera or a veteran operagoer, this “deep dive” course is for you. Each week, we will highlight one well-known aria.
- La Traviata
- The Magic Flute
- The Barber of Seville
- Norma
- Rigoletto
- The Elixir of Love

For each and every aria we will:
- Present the opera from which the aria came in detail.
- Learn about the composer and his life.
- Discuss the English translation of the lyrics.
- Present “why” this aria is important (e.g., Diego is revealed as the mystery lover, etc.)
- Watch, listen & compare the many videos of the aria, as sung by the world’s most famous singers, plus some of the current/newcomers.

This course is best with active discussion from all those with comments, questions, etc.

Biography: Barry Schoenfeld is NOT a musicologist—rather, has a passionate lover for the performing arts. But in the 5th Grade, he studied La Traviata in depth, and was rewarded with a field trip to The New York City Opera to actually see a performance. He was instantly hooked, and went on to see dozens of performances of La Traviata, usually tearing up at the first note of the overture, and bawling as Violetta dies! Since that early age, Barry has studied and listened to dozens of other operas, both the known and the forgotten, and now considers himself a quasi Opera Snob! He has taught at other OLLI’s across the country, live and via Zoom. He currently lives in Palm Springs, California, where there is not enough live opera for him. Barry is a new study group leader for Osher.

The Cinematic Artistry of Federico Fellini
Allan Elfant, OLLI Member
8 Sessions, Highly interactive—lots of discussion
Tuesdays, 1pm-4pm (Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2)
$175
Federico Fellini is one of the most identifiable motion picture directors of all time. His artistic work evolved from neorealism to his own distinctive use of dreamlike and hallucinatory images as they are depicted in ordinary life. Fellini depicted the indecent and the beautiful, the tragic and the comic, the grotesque and the ordinary. He incorporated his experiences, dreams, and fantasies into his movies. We will explore the prominent themes and style in Fellini’s work by streaming and viewing eight of his films: I Vitelloni, La Strada, La Dolce Vita, 8 1/2, Juliet of the Spirits, The Clowns, Amaracord, and City of Women. With the exception of one class, sessions will be up to 3 hours in length depending on the length of the film and the extent of our discussion. The class showing La Dolce Vita will be up to an hour longer because of the length of that film. Optional internet readings will be provided.

Biography: Allan Elfant has a B.A. in psychology from Brooklyn College and a Ph.D. in clinical psychology from New York University. He was in clinical practice for over 40 years and held teaching positions at several universities. He has led over 200 presentations at national and regional professional conferences and meetings, and has led over a dozen study groups for our OLLI on various psychological and philosophical themes. Allan has led previous study groups, including, most recently Trump On The Couch: A Psychological Analysis Of Our 45th President.
The End of Empires and The Rise of Asia  
Tathagata Dutta, Tufts Graduate Student  
8 Sessions, Somewhat interactive—a mix of lecture and discussion  
Tuesdays, 10am-12pm (Sept 7, 14, 21, 28; Oct 5, 12, 19, 26)  
$175

In the month of May 2020 as nuclear armed India and China engaged in some of the deadliest clashes in recent decades along the Sino-Indian border, international headlines screamed of a possible “nuclear fallout”. As U.S. Secretary of State Mike Pompeo quickly accused China of taking “incredibly aggressive action,” the Trump administration ordered the closure of the Chinese Consulate at Houston for running a spying ring. Is this the beginning of a new Cold War? This course, covering a wide swath of time and space, explores the contemporary rise of Asia in a historical context. The course begins with the end of European Empires and the Second World War in Asia, moving rapidly to cover the Cold War and Asian Nationalisms as it concludes in near contemporary times.  
Note: This is a repeat of the Fall 2020 class.

Biography: Tathagata Dutta grew up in Calcutta, India, in what was once the capital of British India. Since the age of 18, he has been on a westward journey to Delhi where he attended St. Stephen’s College for a B.A. in History and then to the U.K. for a MPhil in World History from the University of Cambridge. Presently he is a PhD Candidate in the Department of History at Tufts. The primary area of his research is frontiers and borders of Asia. Tathagata has led previous study groups, including, most recently The End of Empires and The Rise of Asia.

The Four Ages of Rome: Architecture and Urban Transformation Over Time  
Gabriela Mirazon-Hahn, Outside Instructor  
4 Sessions, Somewhat interactive—a mix of lecture and discussion  
Wednesdays, 10am-12pm (Oct 6, 13, 20, 27)  
$100

Capital of the Western World in the Antiquity, Rome became the center of Christianity in the Middle Ages and the capital of the Papal States in the Renaissance and Baroque periods. It finally embodied the nascent Italian State. Urban traces of the four ages of Rome mingle today in a vibrant contemporary city. Breaking down the complexity of Rome’s fascinating urban past is the aim of this course: to uncover layers of history, to explore selected building complexes that reveal spectacular transformations and to provide orientation in Rome’s urban history. In order to facilitate expanding knowledge about architectural landmarks, additional reading is recommended but not required. Participants will interact in discussions based on plans and develop their own analytical skills to be applied when visiting Rome.

Biography: Architect Gabriela Mirazon-Hahn, born in Buenos Aires, Argentina, has studied in Sao Paulo, Brazil, New York City (MS Urban Design, Pratt institute) and Rome (Conservation of Monuments, Universita di Roma) and has been living in Germany with her family since the 1990s. She has taught Architectural Analysis and History in Maastricht, NL and led study-trips in Tuscany and Rome. She is most interested in the History of Urban Civilisation, and she feels particularly committed to sharing knowledge about the city of Rome with other people. Gabriela is a new study group leader for Osher.

The Shaping of Modern Africa: Five Key Models  
Robert Rotberg, Former Tufts Academic Vice-President  
5 Sessions, Somewhat interactive—a mix of lecture and discussion  
Tuesdays, 4pm-6pm (Sept 21, 28; Oct 5, 12, 19)  
$125

How were the political fortunes and contemporary challenges of modern sub-Saharan African countries shaped? To what extent did impressive leaders like Nelson Mandela fashion the destinies of their countries? This course will also focus on the triumphs as well as the tribulations of Africa, but it will not duplicate the Osher course on Modern Africa delivered by Rotberg in early 2021. The Shaping of Modern Africa’s five sessions will concentrate on 1) South Africa under Nelson Mandela and his three successors, culminating in the imprisonment of Jacob Zuma and the struggles of Cyril Ramaphosa; 2) the successful creation of Botswana,
Africa’s strongest democracy, under Seretse Khama and his four successors; 3) Paul Kagame’s mixed legacy as Rwanda’s president for life; 4) Ethiopia under Nobel laureate Abiy Ahmed and his predecessors, with a full discussion of today’s tragedy in Tigray; 5) American educated Kamuzu Banda’s corruption of Malawi and its peaceful emergence under several successors, including an American law professor. This course will be highly interactive, with abundant opportunities for learning and discussion. The book we will reference is Rotberg, Things Come Together: Africans Achieving Greatness in the Twenty-first Century (OUP, 2020) participants are encouraged (but not required) to purchase a copy of the book.

Biography: Robert Rotberg is president emeritus of the World Peace Foundation, former MIT professor of political science and history, professor at the Harvard Kennedy School, Tufts academic vice-president, and the author of many books about Africa. He has taught five adult courses in Lexington, several over Zoom. Robert has led previous study groups, including, most recently Modern Africa: Challenges and Prospects.

The World of The Bayeux Tapestry
Denia Lara, Tufts Alum
4 Sessions, Minimally interactive—mostly lecture
Fridays, 2pm-4pm (Sept 10, 17, 24; Oct 1)
$100

Four sessions, one iconic work of art. The Bayeux Tapestry (despite is name, actually an embroidered cloth) is one of the most important works of in the history European art. A rare example of large-scale secular medieval art, its survival almost intact over nine centuries is nothing short of miraculous. The 70-meters-long embroidery follows the events leading up the Battle of Hastings in the year 1066 and the Norman conquest of England, depicted through exquisite, colorful workmanship. In this series of lectures, we will take a deep dive into this singular artwork, its materiality, its myths, the histories surrounding its making, and the cultural crossroads of the Anglo-Saxons and Normans.

Biography: Denia graduated with a Master’s in Art History and Museum Studies from Tufts in 2019. She currently works in the Digital department of The Metropolitan Museum of Art and previously worked in the Education offices of The Met Cloisters. Her area of interest is broadly medieval with special focus on the art and culture of the Normans and the fabrication of works of art. Denia has led previous study groups, including, most recently: Medievalism & Medieval Revival.

Two Massachusetts Treasures:
The Making of The Quabbin Reservoir & The History of The Middlesex Fells Reservation
Elise Tamplin, OLLI Member
2 Sessions, Minimally interactive—mostly lecture
Fridays, 2pm-4pm (Oct 15, 22)
$50

Do you know where your drinking water comes from? If you live in Boston or one of the 40 surrounding communities supplied by the Quabbin Reservoir, consider yourself lucky. Quabbin water has been voted “the best tasting in the country.” Built in the 1930’s, how did this part-natural, part-engineered wonder come to be? What of the four towns sacrificed in its making, now referred to as the “Ghost Towns?” The Middlesex Fells Reservation is a 2500 acre forested park within 5 towns north of Boston, which began in 1891 with a private gift of 20 acres to the newly formed Trustees of Public Reservations. When you walk in “The Fells,” you are not only surrounded by nature, but by history, including the role played in the Industrial Revolution by the 19th century mill village known as Haywardville that once flourished there. Come and hear the stories of these two treasures. No outside reading required.

Biography: Elise Tamplin has a B.A. in Biology and a M.P.H. from B.U. School of Public Health. Her studies in the latter included the management of public water supplies. Prior to retirement she was a clinical microbiologist and infection prevention specialist in acute care hospitals, most recently, Brigham & Women’s in Boston. In the latter capacity, she has taught many classes to varied audiences, and has led several previous study groups for OLLI. She has had a life long passion for history, and as a long time Medford resident has enjoyed many walks in the Fells. Elise has led previous study groups, including, most recently What Happened in Flint?.

Unforgettable: Songs of The Great American Songbook
*James Heazlewood-Dale, Outside Instructor*

**4 Sessions, Somewhat interactive—a mix of lecture and discussion**

**Thursdays, 2pm-4pm (Oct 7, 14, 21, 28)**

*$100*

The “Great American Songbook” has been the backbone of many musical giants’ repertoire, including Frank Sinatra, Ella Fitzgerald, and Louis Armstrong. You may be familiar with the recordings, but what about the canon’s rich background? The varying origins of this repertoire are exemplified in songs such as “Summertime,” from the opera Porgy and Bess, “Stella by Starlight,” from the film The Uninvited, and “I Could Write a Book” from the show Pal Joey. What are the stories behind these great songs? Who were the composers? And what are the sources that contribute to this rich and varying canon of American popular culture? This four-week course will dive into the history of the songs, the composers, and the recordings of a selection from the great American Songbook. No prior musical background is required to participate. Any musical terms will be explained during the sessions.

**Biography:** Growing up in Australian born, James discovered a passion for playing jazz double bass. After receiving first-class honors in jazz performance at the Sydney Conservatory, he relocated to Boston to study music performance at Berklee School of Music and New England Conservatory on full scholarships. James is currently a Ph.D. candidate at Brandeis University in musicology, focusing on the relationship between jazz and multimedia. James has been a study group leader for numerous OLLI courses on various music-related topics, including jazz history, The Beatles, and jazz and film. *James has led previous study groups, including, most recently Take the A Train: Duke Ellington and a Look into Jazz Royalty.*

Unpacking Whiteness: Our Role In Racial Justice
*Sarah Iacobucci, Tufts Staff Member*

**6 Sessions, Somewhat interactive—a mix of lecture and discussion**

**Tuesdays, 10am-12pm (Sept 14, 21, 28; Oct 5, 12, 19)**

*$150*

Join us as we engage in fascinating, compelling, and sometimes challenging dialogues about whiteness, white privilege, white supremacy, racism, reverse-racism, equity, intersectionality, micro-aggressions, red-lining, mass incarceration, affirmative action, dog-whistle politics, and many other topics. No textbook required; informative handouts will be sent by email. Expect to read about 20 pages per week, and also listen to podcasts, and watch videos. Each session will be a group dialogue on the weekly articles, podcasts, videos, and various documentaries. Active participation will be strongly encouraged. Past participants of this dialogue group have found it to be not just educational, but transformative!

**Biography:** Sarah Iacobucci earned her Ph.D. at Tufts and is currently the Director of Undergraduate Labs in the chemistry department. She has been interested in social justice issues for many years and has participated in numerous social justice activities. She has been active in dialogue groups at Tufts for several years. *Sarah has led previous study groups, including, most recently Unpacking Whiteness: Our Role in Racial Justice.*
Visiting Southern Vermont  
*Cleo & Steve D’Arcy, OLLI Members*  
**4 Sessions**, Somewhat interactive—a mix of lecture and discussion  
**Wednesdays, 2pm-4pm (Sept 8, 15, 22, 29)**  
**$100**

Just northwest of us lies the beautiful state of Vermont. Maybe you are a frequent visitor to the Green Mountain State; maybe you have never been there. Whatever your experience, we invite you to join us for four virtual road trips in southern Vermont. We will take you to towns big and small, historical sites and museums, factories and stores, beautiful places created by nature and by people, and hiking trails and other kid-friendly spots. We will show you some great places to stay, eat and drink. And, each week we will explore one topic relevant to Vermont in more depth to increase your knowledge of the state. Vermont is worth visiting in every season, so come explore and share your experiences with us.

**Biography:** Cleo and Steve D’Arcy are retired professors who taught at the University of Illinois for over 30 years. After moving to North Reading in 2016 to be closer to family, they discovered OLLI at Tufts. They have since co-taught study groups on the National Parks, Massachusetts Trustees of Reservations properties, U.S. Highway 1, TED talks, plant disease epidemics, personal finance and birding. While they enjoyed teaching college students, they really enjoy sharing their interests and experiences with their contemporaries. Cleo and Steve have been visitors to Vermont for decades and now own a small home there. They enjoy exploring the Green Mountain State and invite you to join them on a virtual tour of this beautiful state. *Cleo and Steve have led previous study groups, including, most recently Birding for Beginners.*

Visiting Unusual Museums Virtually: Memorializing Life, Death, In Between, and Beyond  
*Margaret Lourie, OLLI Member*  
**4 Sessions**, Minimally interactive—mostly lecture  
**Mondays, 2pm-4pm (Oct 4, 11, 18, 25)**  
**$100**

Collectors worldwide have been fascinated by varied and wide-ranging aspects of human life and all that surrounds it, and many have created museums to celebrate and publicize their particular interest. In this study group we will pay short virtual visits to a number of these extraordinary memorials (some serious, some less so), to life, death, and human creations. We will visit museums dedicated to topics in areas such as entertainment, legends, medicine, technology, food, products, the human body, sex, death and more. If you can think of something, there is probably a museum dedicated to it. Participants are encouraged to recommend museums for the class to visit, but this is optional. Come and join us as we explore some of the fascinating spaces that have been created out of the passions of collectors.

**Biography:** Margaret Lourie spent her career as a professional librarian, working in a number of academic and special libraries, mostly in the Boston area. She is an avid museum visitor, and also is fascinated by people’s dedication to collecting unusual things. She is looking forward to traveling the world with other Osher members on virtual visits to unusual museums far and wide. *Margaret has led previous study groups, including, most recently Intrepid Women Travel the Globe “and Beyond!”*
Visual Study Of Contemporary Africa
Lou Jones, Outside Instructor
4 Sessions, Somewhat interactive—a mix of lecture and discussion
Wednesdays, 6pm-8pm (Oct 6, 13, 20, 27)
$100
This study group will use the study group leader’s photography as a means of exploring the unique aspects of the countries and regions in Africa, both from a modern and traditional perspective. Images and social media will be used to help dispel misinformation about Africa and to reveal the “other Africa.” We will explore issues of industry, education, culture, politics, medicine, sports and more! While it is not necessary to have traveled to Africa, participants’ knowledge of an area will enhance the total experience. Optional readings and homework will be made available.

Biography: Lou Jones is a freelance photographer with a studio in Boston for many years, whose work consists of advertising, corporate & editorial photography. He has conducted assignments for AETNA, Peugeot, National Geographic, Time magazine, KLM Airline, Nike and more, has travelled to over 60 countries, and has covered thirteen Olympic Games. He is the author of more than a dozen books, and has taught for MassArt, Boston University, Center for Digital Imaging Arts. Lou has led previous study groups, including, most recently A Visual Study of Contemporary Africa: Country-By-Country.

Voice Technique And Science
Lizzy Stant, Outside Instructor
6 Sessions, Somewhat interactive—a mix of lecture and discussion
Wednesdays, 10am-12pm (Oct 6, 13, 20, 27; Nov 3, 10)
$150
This course will teach participants about the foundations of voice science. This includes: anatomy and physiology of the larynx, abdomen, jaw, mouth, and other relevant singing structures; health care for the voice; the acoustics of singing; register unification in singing. We will then apply the knowledge we have learned in a special class related to care for the aging voice and application of concepts for singing purposes. Participants will be assigned weekly readings (one journal article per week), music share assignments, and will frequently be invited to participate in discussions.

Biography: Professional voice teacher and singer Lizzy Stant has spent the past six years teaching and performing in Boston, Philadelphia, Steamboat Springs, and New Haven. A classically trained soprano, she has also performed musical theater and pop style singing professionally, and teaches all genres of Western style singing. She graduated with her masters in voice in 2021 from the New England Conservatory and has been teaching in Downtown Boston at Amy Dancz Music Studio. This past summer, she presented her research on vibrato and aging singers at the Pan American Vocology Association (PAVA) Conference for Voice Research. She is a passionate advocate for increasing accessibility in music education. Lizzy has led previous study groups, including, most recently Voice Foundations: Anatomy and Physiology, the Acoustics of Sound, and Vocal Health.

Douglas Stowell, Outside Instructor
1 Session, Somewhat interactive—a mix of lecture and discussion
Friday, 2pm-4pm (Oct 8)
$25
A comparison of the U.S. rankings in over 25 key, global categories for 2021. We consider: economic factors like incomes, deductions and taxes; the environment & pollution; energy sources; healthcare costs and outcomes; marriage, divorce & birth rates; education levels & achievement; life expectancy and paid vacations; population trends; an index on religiosity & atheism; immigration populations & trends; a national prosperity index; murder and crime rates; a change readiness index; happiest & most competitive countries; “best” countries ranked, “where” to be born—2021; et al.. All charts and links to data sources provided to participants. This is year #4 for the compilation of rankings and is the most comprehensive yet!

Biography: Doug Stowell has been a Furman University OLLI member in Greenville, SC since 2015 and an Instructor in numerous OLLI programs across the U.S. since 2018. His background is in corporate market research and public opinion polling. His career includes—Dir. of Market Research for the Xerox Corp., U.S. Client Director for the U.K. firm National Opinion Polling, Ltd., and Senior Client Representative with Wirthlin Polling in Wash-
Douglas is a new study group leader for Osher.

Where Is That File?
Joel Couch, OLLI Member
4 Sessions, Minimally interactive—mostly lecture
Wednesdays, 2pm-4pm (Oct 6, 13, 20, 27)
$100
You can use a PC for years without seriously dealing with individual files, but eventually they pile up and become unmanageable: PDF, DOCX, XLSX, JPG, etc. “Where is that stuff that I had?” becomes a continual question. If you have all of your files filling up your desktop, then this is a study group for you. Essentially, we will look into concepts and basic techniques for file organization in Microsoft Windows. This class is intended for intermediate PC users. You might imagine yourself to be a beginner, but if you have been using Windows for a few years, you are not a beginner anymore. This study group can help to expunge this “beginner” self-evaluation in users with limited expertise. Take the next step.

Biography: Joel Couch had a 23-year career as technical support engineer in the software industry. Prior to his professional career, he helped computer users as a volunteer in the late, lamented Boston Computer Society. Joel has led previous study groups, including, most recently Computer Interface Evolution.

World History Through Maps
Hannah Alexandra Male, Tufts Alum
8 Sessions, Minimally interactive—mostly lecture
Thursdays, 4pm-6pm (Sept 9, 16, 23, 30; Oct 7, 14, 21, 28)
$175
This study group will consist of an overview of history through the use of maps showing the changes over time. The course begins with an overview of prehistory and will end with an overview of the Victorian period. Students will gain an broad overview of the changing map of history in different regions of the world including Africa, the Middle East, Mediterranean region, and China. The SGL will also explain where terms like the “Stone Age”, etc. originally come from. This will be a “come and listen” course with minimal discussion. By the end of the group, we will have covered many of the significant questions facing scholars of ancient history, and we will list additional articles and readings for anyone who would like to know more.

Biography: History and archaeology buff Hannah Male is a 2019 graduate of Tufts History and Museum Studies MA program. Her coursework has focused on the ancient world and the history of archaeology. She has been accepted to UCL’s Heritage of Egypt and the Middle East MA program at University College London but is deferring until 2022. Ultimately she hopes to become a curator of Egyptian and/or Near Eastern antiquities. Currently, she is located back home with family in CT. Hannah also offers World History/ Social Studies Tutoring services for the rest of 2021. Hannah has led previous study groups, including, most recently Women In Ancient Egypt.
# Lunch and Learn “Zoom” Lectures

Talks take place on Wednesdays and run from 12:30 - 1:30pm!

<table>
<thead>
<tr>
<th>Wednesdays</th>
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<tr>
<td><strong>Sept 8</strong></td>
<td>Bill McKibben, Schumann Distinguished Scholar, Middlebury College</td>
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<td><em>A Critical Decade for the Climate Fight</em></td>
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<td><strong>Sept 15</strong></td>
<td>Jane Healey, Author</td>
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<td><em>The Secret Stealers - An Historical Novel about a Female American Spy in Nazi-occupied France during World War II</em></td>
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<td><strong>Sept 22</strong></td>
<td>Henry Quinlan, Owner and Publisher, Omni Publishing Company</td>
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<td><em>USSR-Russia: Myths, Mysteries and Spying</em></td>
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<td><strong>Sept 29</strong></td>
<td>Dr. Amanda Strawhacker, Associate Director, Early Childhood Technology Program, Tufts University</td>
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<td><em>Bioengineering in Kindergarten: An Educational Technology to Help Young Children Explore the Code of Life</em></td>
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More LUNCH AND LEARN lectures coming in October, November and December. Check the eNews for weekly listings.
HOW TO REGISTER

1. Become a Member or Renew your Membership
   (Membership runs from 7/1/2021-6/30/2022)
   By visiting our website: https://universitycollege.tufts.edu/lifelong-learning

   Membership is required for class registration.

2. Register Starting on Tuesday, August 10th at 9am.
   • Register online - E-newsletter subscribers will automatically receive a reminder email with registration instructions. Email OsherLLI@tufts.edu and join our e-newsletter to get a reminder and more!

3. Receive Confirmation and Submit Payment
   After the close of initial registration, we will contact you with a summary of your courses, your total balance due, and payment instructions.

REGISTRATION SCHEDULE

• Initial Registration Period: August 10-11
• OLLI Office Confirms Initial Course Enrollments: August 13th
• Add/Drop Period: August 16th - 31st
• Classes Begin: September 7th

PRICING
Membership Fee: $50
Study Group Pricing: Varies by Course

HOW TO PAY
After your registrations for the term are finalized, our office will contact you to let you know how much you owe. You will then have the option to pay via our online payment portal, or send a check (made payable to Trustees of Tufts College) to our office.

FINANCIAL AID
Partial tuition remission is available on a limited basis. For more info, call our main office and ask to speak with the director

WITHDRAWALS & CANCELLATIONS
You will be charged $25 for each withdrawal before the second session of a multi-session class. (No refunds will be available after the second session.) If the OLLI office cancels any courses, full refunds will be issued. When an individual session needs to be cancelled due to instructor illness or other reason, we do our best to schedule a makeup session.