“OLLI at Night”

An Extraordinary FREE Series for Members of the Osher Lifelong Learning Institute at Tufts

Diane Taraz
Folk and Traditional Singer and Songwriter
Thursday, January 14th • 7:00pm

The Music of Our Lives

Folk singer Diane Taraz will present a tour of decades of wonderful music filled with memories. Dressed in a 1927-style dress, Diane presents songs from each decade of the 20th century, including the fascinating details of who wrote them and how they illuminate the times.

Richard Bell
Author and Professor of History, University of Maryland
Thursday, February 4th • 7:00pm

Stolen: Five Free Boys Kidnapped Into Slavery and Their Astonishing Odyssey Home

Join author and academic Rick Bell as he explores his recent book Stolen—a gripping and true story about five boys who were kidnapped in the North and smuggled into slavery in the Deep South—and their daring attempt to escape and bring their captors to justice.
**Phil Van Tee (AKA “OPA”)**
Comedy magician in Los Angeles—Delightfully self-deprecating cowboy wizard and ‘rope whisperer’

**Thursday, March 11th • 7:00pm**

*Comedy Hour with OPA!*

Comedian Magician Phil Van Tee (“OPA”) is best known for his clean humor, gentle audience participation, and excellent sleight of hand. Phil was one of the esteemed Professors of Magic at the world famous Magic Castle, ‘Magic University’, in Hollywood, California.

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**Anthony Everett**

Emmy Award-winning anchor of WCVB Channel 5’s nightly newsmagazine, Chronicle

**Wednesday, March 24th • 7:00pm**

*Main Streets, Back Roads, Sharp Turns and Speed Bumps: A Career in Broadcast Journalism*

Join Tufts Alumnus Anthony Everett as he “chronicles” his successful career in journalism!

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**Carol Hay**

Author and Associate Professor of Philosophy, University of Massachusetts, Lowell

**Wednesday, April 14th • 7:00pm**

*Think Like a Feminist: The Philosophy Behind the Revolution*

*Think Like a Feminist* unpacks over two hundred years of feminist thought. In a time when the word feminism triggers all sorts of responses, many of them conflicting and misinformed, Professor Carol Hay provides this balanced, clarifying, and inspiring examination of what it truly means to be a feminist today.
**Jo Marchant**
New York Times Bestselling Author and Speaker

**Monday, April 26th • 12pm**

*Cure: A Journey into the Science of Mind Over Body*

Can our minds heal us? While we accept that stress or anxiety can damage our health, the idea of ‘healing thoughts’ was long ago hijacked by New Age gurus and spiritual healers. Recently, however, scientists from a range of fields have been uncovering evidence that our thoughts, emotions, and beliefs can ease pain, heal wounds, fend off infection and heart disease, and perhaps even slow the progression of AIDS and some cancers. Jo Marchant explores the vast potential of the mind’s ability to heal, lays out its limitations and explains how we can make use of the findings in our own lives.

**Robert Rotberg**
President Emeritus of the World Peace Foundation, Former Professor of Political Science at MIT, and Former Tufts Academic Vice-President

**Tuesday, May 11th • 7pm**

*Africa Explodes and What That Cataclysm Means for Africa and the Rest of Us*

As Africa's population bomb ignites, Africa’s peoples and the rest of the world must concern themselves with severe consequences: more civil wars, more extremism, more hunger, more difficult cities, more jobless, more migrants, harder tourism, and more insistent calls for outside developmental help. Join author and academic Robert Rotberg as he discusses these important issues and trends.

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All talks will take place on Zoom. Registration is required.
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American Roots Music
Study Group Leader: John A Clark, Outside Instructor
6 Sessions, Wednesdays, 6-8pm (Jan 13, 20, 27; Feb 3, 10, 17)
Somewhat Interactive—a mix of lecture and discussion
$150
Come aboard for a nostalgic yet highly informative journey back to a golden era of American popular music, as we take an in-depth look at the artists and the music that birthed virtually every modern-day genre of popular music. This musical bonanza was both catalyst for and the expression of the tumultuous events and massive culture shifts of this half decade of American history. The Beatles, Rolling Stones, Bob Dylan, Joni Mitchell, Who, Yardbirds, Buffalo Springfield, Pink Floyd, Byrds, Hendrix, Grateful Dead, Moody Blues, Frank Zappa, Miles Davis and many others will be considered through PowerPoint lecture and discussion. Your instructor brings his own first hand experiences and musicological expertise to bear on these seminal and influential years.

Biography: John Clark grew up in a small town in Ohio, attended college in Illinois and graduate school north of Boston. In the eighties he worked in the music business in Nashville and Atlanta, where he taught adult education for twenty years for Emory University and Mercer University. He created classes on Bob Dylan, Americana music and a series called Lyrics as Literature as well as guest hosting on several Atlanta radio stations. From 2008-2014 he was a high school history and English teacher. Since moving to the Boston area four years ago, he has taught adult ed for Brandeis, Tufts, Cambridge, Brookline, Newton and Lexington. He also lectures on American music history at senior residences, synagogues and libraries. John boasts a combined record and CD collection of over 8,000 recordings. John has led previous study groups, including, most recently: American History Through Its Music (1843-1963).

Building Peace in the Sahel
Study Group Leader: Andreas Luis Hahn, Tufts Alumni
4 Sessions, Mondays, 2:30-4pm (Feb 1, 8, 15, 22)
Highly Interactive—lots of discussion
$75
In the Sahel, a semiarid region at the heart of West Africa, demographic growth, deteriorating security and a quickly changing climate are having a profound impact on the region and beyond. Because the Sahel is at the heart of migration routes and jihadist groups are exploiting the governance vacuum, local developments will have far reaching consequences. This learning group will look through the lens of migration, security, demography, and climate change to understand why the Sahel is changing so quickly and why this affects us. Classes will consist of a short lecture followed by a discussion on the basis of weekly readings. These will not exceed 30 pages per week and consist of of both academic and non-academic sources.

Biography: Andreas is half German, half Argentine and has a deep curiosity in languages and cultures. He is currently living in West Africa, where he is working for an international peacebuilding organization that aims to strengthen the capacities of societies to manage conflict in non-violent, non-coercive ways by assisting national actors in their efforts to develop social and political cohesion. He is also a certified mediator in MA small claims courts and is fluent in six languages. Andreas is a new study group leader for Osher.
Chaucer’s Canterbury Tales  
*Study Group Leader: James Siwila, OLLI Member*  
**4 Sessions, Fridays, 10am-12pm (Feb 5, 12, 19, 26)**  
Highly Interactive—lots of discussion  
$100

Geoffrey Chaucer is often called the Father of English Poetry. He was indeed quite a prolific poet, but he is best known for the Canterbury Tales, which he wrote over the course of the last 12-13 years of his life. The course will cover the General Prologue and six of the more popular tales. Readings will be about 50 pages per week. While class time will be spent mostly in group discussion, some background information will be provided on Chaucer’s life and the social, economic, religious, and political environment of the fourteenth century.  

**Biography:** Jim Siwila received his Ph.D. in English Literature from the University of Kentucky in 1977. After teaching for several years, he left academe and moved to Massachusetts to pursue a career in the computer industry. He retired from that career in 2019, joined Tufts OLLI, and reengaged his interest in English literature. Jim’s specialty was 18th Century English literature, but he has spent much of the COVID-19 shutdown studying Chaucer and the Middle Ages, an area of interest he has wanted to revisit. *James is a new study group leader for Osher.*

Classical Chinese Literature  
*Study Group Leader: Tiffany Xie, Tufts Undergraduate Student*  
**4 Sessions, Thursdays, 2-4pm (Feb 4, 11, 18, 25)**  
Somewhat Interactive—a mix of lecture and discussion  
$100

This study group will (very) briefly cover thousands of years of Chinese history and culture, and explore famous works of Chinese literature, including *Journey to the West* and *Strange Tales from a Chinese Studio*. While there will be background and analysis provided at the start of each session, this study group will hopefully be evenly split between lecture and discussion! All readings will be scanned and shared as PDFs. Assigned readings per session will take approximately 30 to 60 minutes. Many readings are excerpts from larger works. As such, brief summaries of the readings, along with context and highlights, will be provided prior to any group discussion.  

**Biography:** Tiffany Xie is an upperclassman at Tufts University studying Economics and History. As part of her History studies, she specializes in Chinese history, and is particularly interested in classical China. She is fluent in Cantonese and conversational in Mandarin. In her spare time, she loves to read a wide range of literature spanning from South Africa to Portugal to Russia. As one may imagine, she is always happy to provide tailored book recommendations. *Tiffany is a new study group leader for Osher.*

Cleopatra’s Capital: A Brief History of Ancient Alexandria (323 BCE-30 BCE)  
*Study Group Leader: Dean Pappas, OLLI Member*  
**2 Sessions, Mondays, 10am-12pm (Jan 11, 18)**  
Minimally Interactive—mostly lecture  
$50

After Athens and before Rome, Alexandria was the largest and wealthiest city of the classical western world. Alexander the Great founded this city as his intellectual capital. Here, humans first understood that the earth was not flat, mathematicians invented geometry, and physicians advanced medicine. The Library of Alexandria and museum attracted Euclid, Archimedes, and Galen. Drawn by its wealth, history, and beauty, Julius Caesar and Marc Antony each spent time there. The last pharaoh was Cleopatra. What was she really like? The course will be primarily lectures with time for questions. The readings will be optional.
Biography: Dean Pappas is a retired physician with a lifelong interest in ancient history. He has traveled and read extensively and is always impressed by the legacy of the ancients, people as wise and foolish as we are today. He is never surprised to learn “that history repeats itself”. Dean has led previous study groups, including, most recently: Brief Intro to Byzantine History.

Commercial Diplomacy & Political Risk

*Study Group Leader: Archish Mittal, Tufts Graduate Student*

**6 Sessions, Tuesdays, 8-10am (Jan 12, 19, 26; Feb 2, 9, 16)**

Highly Interactive—lots of discussion

*$150$

What is political risk? What is commercial diplomacy? To what extent are companies investing resources to mitigate risks related to political transitions, international relations dynamics and global conflicts? By examining recent events in the United States, and around the world, this study group seeks to critically investigate the intertwined relations between business and politics at a macro level. In addition, proposals for how organizations should invest in commercial diplomacy when venturing into emerging markets will be analyzed. Readings and Youtube videos will be provided for review outside of class, and attendees will be invited to submit an (optional) report on one reading throughout the class.

Biography: Archish Mittal is a Master’s student at The Fletcher School of Law & Diplomacy and currently serves as a Policy Analyst in the Office of the Power & Renewable Energy Minister of India. He is also leading academic engagement and global partnerships at the Edward R. Murrow Center at the Fletcher School. He is the Founder & Executive Director of Ventures Foundation and has worked with the German government to provide access to vocational education to refugees. Archish has studied Investments & Business at Cass Business School, City University of London. He was Awarded Next-Gen Scholar at the Centre for High Impact Philanthropy at the University of Pennsylvania. **Archish is a new study group leader for Osher.**

Demystify Technology

*Study Group Leader: Saul Einbinder, Outside Instructor*

**4 Sessions, Wednesdays, 10am-12pm (Feb 3, 10, 17, 24)**

Somewhat Interactive—a mix of lecture and discussion

*$100$

Does artificial intelligence “think?” Are self-driving cars here now or years away? How are Space-X and NASA collaborating to reach the Moon and beyond? This study group will help attendees become comfortable in today’s technologies: AI, 5G cellular, 3D printing, autonomous vehicles, and commercial space exploration. Gain confidence speaking about them through a practical understanding of how they work, see where they are today and where they may lead! No preparation is required, though articles will be suggested. To create an interactive and entertaining session, I encourage interruptions, questions and discussion, and materials include videos and other media.

Biography: Saul Einbinder has held senior technology and business positions at Bell Laboratories, Lucent Technologies, uReach Technologies and Spirent Communications. He has appeared in the New York Times, Boston Globe, Communications Week, Forbes, Marketplace on NPR, and CBS radio. After a career of developing and marketing high tech Saul created the “Demystify Tech” series to bridge the gap between media hype and reality. Demystify sessions are offered from the Lifelong Learning programs at Rutgers OLLI, Brookdale Community College, and The Adult School. **Saul is a new study group leader for Osher.**
**DNA, The Recipes of Life**  
*Study Group Leader: Kiril Sinkel, OLLI Member*  
*4 Sessions, Mondays, 10am-12pm (Feb 1, 8, 15, 22)*  
Somewhat Interactive—a mix of lecture and discussion  
*$100*

Join us as we explore the role of the DNA genetic code, our body’s “master recipe book,” and see how it controls our body’s structure and all its functions. We will first describe how DNA code specifies 20 thousand different kinds of proteins in our bodies. Then we will look at examples of DNA’s many higher-level functions, including how cells differentiate from stem cells into many specific tissue types, how genetic programs regulate development from embryo to adult, and even how DNA “mug shots” identify pathogens and provide immunity. This class is designed to present the big picture and to help students understand emerging genetic technologies like gene editing to cure hereditary diseases, rational vaccine development and new cancer treatments. We will make use of animations of biological processes when available. Active discussion will be encouraged. This course is meant to be accessible to anyone with an interest in science. No particular biology knowledge is assumed. Suggestions for optional readings on the internet will be made for those interested in delving deeper.  

**Biography:** Kiril Sinkel, a retired computer programmer, has had a long-term interest in natural information systems like the genome and neural system and has been auditing Boston University genetics, microbiology and neuroscience classes over the last ten years. *Kiril is a new study group leader for Osher.*

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**Ethical Reflections: Lessons on the Self**  
*Study Group Leader: Shannon Moryl, Tufts Alumni*  
*6 Sessions, Tuesdays, 4-6pm (Jan 12, 19, 26; Feb 2, 9, 16)*  
Highly Interactive—lots of discussion  
*$150*

This course will take a journey through time investigating various philosophers’ thoughts on ethical self-reflection. We will draw from Western philosophers such as Aristotle, Marcus Aurelius, Spinoza, Hannah Arendt, and Michel Foucault, as well as the Eastern philosophies of Daoism and Buddhism. We will ask important questions such as “what is the good life,” “what is the role of self-reflection in leading the good life,” and “how does one engage in ethical self-reflection as a conversation between you and yourself?” Each class will center discussion around free PDF readings distributed a week before along with discussion questions. Participants should come to class prepared to reflect on the readings and questions, as well as ask questions that they are curious about.  

**Biography:** Shannon Moryl is a Global Studies and Civics teacher at Ottoson Middle School in Arlington, MA. She graduated from Wake Forest University in 2019 with a double major in History and Philosophy and a minor in Political Science and International Affairs. She also received a Master of Arts in Teaching for Secondary Education in History from Tufts University in 2020. She is very passionate about teaching, and is interested in learning about all things pertaining to the past, the present, and the future of human society. *Shannon has led previous study groups, including, most recently: Rethinking Democracy: Evaluating Liberalism against Technological Advancement.*
Exercise: Theory & Practice

Study Group Leader: Abigail Epplett, Tufts Graduate Student

4 Sessions, Thursdays, 4-6pm (Jan 14, 21, 28; Feb 4)

Highly Interactive—lots of discussion

$100

When stuck inside during the cold winter months, it’s important to exercise to stay healthy! While exercise might seem strenuous or painful, it doesn’t have to be that way. Learn simple, easy exercises that take up little space and use familiar household items. Plus, discover the science behind exercise, from sports medicine terms like “VO2 max” and “lactate threshold” to physiological facts about muscles, bones, and the cardiovascular system. This class will last for two hours, split between non-continuous, gentle exercise adjusted for a range of abilities and information about physiology and medicine.

Biography: Abigail Epplett was a nationally ranked cross country and track & field athlete throughout high school and college, including multiple seasons as an NCAA Academic All-American. Although retired from competitive athletics, she enjoys hiking, biking, kayaking, and rollerblading to stay in shape. Currently, Abigail is second year MA student in the Tufts University Museum Studies program. Abigail has led previous study groups, including, most recently: The Industrial Revolution and the Blackstone River Valley and Abby Kelley Foster: Freedom, Faith, and Family (Abridged).

Feeling the Pull to Write Memoirs?

Study Group Leaders: Chris Farrow-Noble & Joyce Callaghan, OLLI Members

6 Sessions, Thursdays, 10am-12pm (Jan 14, 21, 28; Feb 4, 11, 18)

Highly Interactive—lots of discussion

$150

Come discover the pleasure of exploring and sharing your life through writing memoirs. The shift in our use of time during this pandemic has created this opportunity. Participants will write 4-6 memoirs of 2-4 pages using 1.5 or double-spacing. Memoirs will be read by fellow participants (approx. 30-40 pages/weekly) and discussed during the weekly gathering. We’ll experiment with break-out rooms to ensure more time for smaller feedback groups. Discussion and tips will include finding your voice, creating credible dialogue, cohesiveness, and connecting threads. When we write our real story, we often open doors to trust and understanding. Come join us!

Biography: Chris Farrow-Noble has always loved to write and to encourage others to write. She has compiled family stories and anecdotes about folk music camp and written two fictional manuscripts. Chris taught secondary English and ESL in the U.S. and abroad and published Walking a Labyrinth Daily: Exploring a Spiritual Practice. “I am the only one who can tell my story.” Chris has led previous study groups, including, most recently: Memoir Writing.

Joyce Callaghan has loved to write for as long as she can remember. She is involved in several Memoir Writing Groups and has had two non-fiction pieces published over the years. She is an (almost retired) Women’s Health Nurse Practitioner and her passion for women’s issues influences her writing. She has participated in OLLI for three years. Joyce has led previous study groups, including, most recently: Memoir Writing.
Fiction Writing, Level 1

Study Group Leader: Jennifer Wilson, Outside Instructor

7 Sessions, Mondays, 10:30am-12pm (Jan 18, 25; Feb 1, 8, 15, 22; Mar 1)

Somewhat Interactive—a mix of lecture and discussion

$130

Whether you are new to fiction writing or have been writing for years, this course is designed to help you develop the skills and techniques necessary to reach your full potential as a writer. This class will provide support and encouragement through a community of writers, helping you to establish a writing routine, and encouraging you to experiment with new writing techniques by pushing your imagination.

This class will help you:

• Learn how to read like a writer.
• Identify elements of craft, such as tone, mood, and description, and learn how to incorporate them in your own writing.
• Experiment with different narrators.
• Learn how to critique your fellow writers.
• Revise your own work.

Attendees will be asked to read a short writing excerpt each week, as well as to engage in a 2 page prose exercise weekly.

Biography: Jennifer Wilson holds an MA in English Literature from the University at Albany, and a BA in German from New York University. A former IT Business Analyst, Jennifer spent nearly 15 years translating technical concepts into straightforward, user-friendly language, and training groups how to use new systems. She now has the good fortune to write full-time. She has been published with the Weymouth Center’s Moore County Writing Competition and Conjunctions Magazine. She has studied under authors Lynn Tillman, Lydia Davis, Edward Schwarzschild, and taken workshops through the International Writers’ Collective. Jennifer is a new study group leader for Osher.

Four Intense Films

Study Group Leader: Robert Berend, OLLI Member

4 Sessions, 9am-12pm (Jan 12, 19, 26; Feb 2)

Highly Interactive—lots of discussion

$100

In this group we will watch four intense, thought-provoking films focused on war, revolution, and caution, all of which are available for free on Youtube. The films are: The Victors, 1963. Z, 1969 (Z is in French with subtitles). Johnny Got His Gun, 1971. The Hitcher, 1986. Attendees will be asked to read Wikipedia and other reviews prior to watching each film. This is an interactive discussion class, not a passive lecture, your thoughts are welcomed!

Note: The movie Z is in French and will have subtitles.

Biography: Robert Berend was born and raised in Los Angeles, and, as an iconoclast, never worked in the film industry. Ex-lawyer, funny, Ph.D. in human sexuality, lived in Prague when Czechoslovakia split in two. Robert has led previous study groups, including, most recently: The Comedy of the Firesign Theatre.

From Opera To Broadway: Classic Operas that Inspired Contemporary Musicals

Study Group Leader: Mary Reynolds, Tufts Undergraduate Student

8 Sessions, Wednesdays, 10am-12pm (Jan 13, 20, 27; Feb 3, 10, 17, 24; Mar 3)

Somewhat Interactive—a mix of lecture and discussion

$175

This group will explore the operatic roots of Broadway standards like Miss Saigon, Rent, and Aida while also exploring long-forgotten, unknown, and up-and-coming musical theater adaptations of operatic stories. We’ll discuss the line between operas and musicals and examine art that treads daringly along
this line, like rock operas, musicals without dialogue, etc. to identify the key features of both genres and understand how composers can take inspiration from one style and turn it into the other! Assignments include watching or listening to approximately one opera or one musical per week and the class will culminate with collaboratively written proposals for reworking operas into new musicals of our own (no composition or writing experience required!)

**Note:** Members will be encouraged to obtain a BroadwayHD membership to be able to view the full musicals, which costs $8.99 per month.

**Biography:** Tufts senior Mary Reynolds studies music and education, pursuing vocal music education, opera, and educational theater. Mary has music directed productions at Tufts, Harvard, and area high schools, and serves on the Harvard-Radcliffe Gilbert & Sullivan Players’ Board of Directors. She conducted their past three productions, leading music rehearsals and teaching the cast and orchestra, and has also sung in operas and musicals throughout college, including Massenet’s Cendrillon and Mozart’s Die Zauberflute. Mary recently had a wonderful time leading an OLLI study group on the works of Gilbert & Sullivan over Zoom this summer, and looks forward to exploring opera and musical theater with you all! Mary has led previous study groups, including, most recently: “List and Learn”; or, The Music of Gilbert & Sullivan.

**Globalization and International Politics**

**Study Group Leader: Alexander Betley, Tufts Graduate Student**

**4 Sessions, Mondays, 6-8pm (Feb 1, 8, 15, 22)**

Somewhat Interactive—a mix of lecture and discussion

**$100**

We often say that today we live in a globalized world. But what does the word “globalization” really mean? What are the various political, economic, and sociological drivers of this phenomenon? And is globalization an inevitable process? This interdisciplinary course will combine insights from international relations, economics, political philosophy, and sociology to explore these important questions. The first segment of the course will present a brief history of globalization up to the present. The second will discuss the economic ramifications and persistent challenges of a globalized world. The third will discuss the role of great power politics in this globalized world. The fourth, and final, segment will cover the future of globalization. Reading will be drawn primarily from news articles, essays, and high-brow journals such as “Foreign Affairs” and “The Economist” (among others). Each class, 1-2 students will be asked to present on one of the articles for that session. Pending availability, the instructor plans on bringing guest lecturers and experts to speak on specific topics. Reading per week will be limited to 25-30 pages, with the instructor including “additional reading” for those interested in pursuing topics further.

**Biography:** Alexander Betley is a graduate student at the Fletcher School of Law and Diplomacy studying international economics, great power politics, and international security. He has briefly lived abroad twice (once in Copenhagen, once in rural France). As a student at Fletcher, he is a Senior Editor at the Fletcher Security Review, an elected student council representative, and a Team Lead with the Harvard Law and International Development Society. He plans on completing a PhD and entering government service. Alexander is a new study group leader for Osher.

**Great Stuff from Your Public Library ...ONLINE AND FREE!**

**Study Group Leader: Margaret Lourie, OLLI Member**

**4 Sessions, Tuesdays, 2-4pm (Jan 12, 19, 26; Feb 2)**

Minimally interactive—mostly lecture

**$100**

Library is closed, or services are limited? Never fear—the online, digital, library is fully open! Today’s libraries have expanded way beyond their physical walls to provide a wealth of high-quality online resources—everything from streaming movies and research materi-
als to e-books, audiobooks, newspapers, music, and more—all available from wherever you are, as long as you have Internet access and, of course, a library card. Even better, these resources are absolutely FREE to you, provided to you by networks of your public libraries. These are things that you CANNOT find through a Google search. Join us as we explore the vast array of resources available to you from your public libraries.

Note: This class will cover resources available to Massachusetts libraries and their residents, and will be not applicable to residents of other states. This is a repeat of the study group presented in April, 2020.

Biography: Margaret Lourie is a librarian who is dedicated to learning and to maximizing the use and enjoyment of libraries. She wants everyone to know about and benefit from the great high quality resources for research, learning, and entertainment that public libraries and similar organizations give to us for free. She looks forward to exploring many rich resources with her study group participants. Margaret has led previous study groups, including, most recently: Intrepid Women Travel the Globe “and Beyond”.

Guided Meditation

Study Group Leader: Yolanta Kovalko, Tufts Staff Member
8 Sessions, Fridays, 6-7pm (Jan 15, 22, 29; Feb 5, 12, 19, 26; Mar 5)
Minimally Interactive—mostly lecture
$100

In this course the study group leader will introduce participants to Yoga Nidra, a form of meditation and transformation grounded in the wide and deep field of yogic tradition. Students will be guided through what Yoga Nidra teaches are the five levels of being: Physical Body, Energy Body, Emotional Body, Mental Body, and Spiritual Body. In the process, they will have the opportunity to experience becoming more aware, and to explore the deepest place within themselves, their true Self. Participants will be encouraged to find a place to recline or lay down while participating in the course.

Biography: Yolanta Kovalko is a certified yoga teacher and meditation practitioner who owns and teaches at her studio, Ball Square Yoga in Somerville. She has been practicing yoga for the last 15 years. She fell in love with yoga because of the pleasure it gave her and the serenity she found in the practice. She enjoys working with mature students and offers her expertise and specialization to students who may need more time, attention and assistance with their practice. She strives to create safe, comfortable and relaxing environment for all her students. She is a proud mother, wife, grandmother, and a pet mommy. Yolanta has led previous study groups, including, most recently: Guided Meditation.

Jazz On the Big Screen: Exploring the Relationship Between Jazz and Film

Study Group Leader: James C Heazlewood-Dale, Outside Instructor
8 Sessions, Tuesdays, 4-6pm (Jan 12, 19, 26; Feb 2, 9, 16, 23; Mar 3)
Somewhat Interactive—a mix of lecture and discussion
$175

This 8-week course will investigate the interaction between the sonic art form of jazz and the visual art form of the cinema. The two great American art forms run parallel in their evolution throughout the 20th and 21st centuries. When these two mediums of popular entertainment intersect, jazz transcends beyond the dance halls, concert halls, clubs and late night jam sessions. Attendees will develop an understanding of how film music is an essential part of immersing the viewer into the narrative, characters, locations, time, and drama of the motion picture. Directors and composers throughout moving picture history have utilized jazz styles in a wide variety of cinematic contexts. This diversity is reflected in the choice of films we’ll be exploring, which range from: Ascenseur Pour L’Echafaud (1958), score by Miles Davis; the lovable community of swinging cats in Disney’s The Aristocats (1970); and Clint Eastwood’s acclaimed biopic, Bird (1988). By looking at the works of composers such as Duke Ellington, Johnny Mandel, John Lewis, George Burns, Miles Davis and Herbie Hancock, this course aims to address the question: “how can jazz music enhance the cinematic experience?”
Note: No prior knowledge of musical theory or film studies is required to take the course as any theories or concepts will be explained and discussed as the course progresses.

**Biography:** Growing up in Australia, James discovered a passion for playing jazz double bass. He was accepted into the Sydney Conservatorium with a full scholarship. After receiving first class honors he relocated to Boston to study at Berklee School of Music and New England Conservatory on full scholarships. James is currently a PhD candidate at Brandeis University in musicology focusing on the relationship between jazz and interactive multimedia. James has been a study group leader for numerous Osher courses including The History of Jazz, The Beatles, The History of Rock and Roll, Women in Jazz, Music Festivals and Aretha Franklin. James has led previous study groups, including, most recently: Music Festivals: Woodstock, Newport and Live Aid.

**Justice Deported**  
*Study Group Leader: Rafael Moure-Eraso, OLLI Member*  
**4 Sessions, Wednesdays, 2pm-4pm (Feb 3, 10, 17, 24)**  
Minimally Interactive—mostly lecture  
$100  
In this group we will discuss and explore the deportation experiences of Mexican American from 1929 to 2019. We’ll review history and immigration data, as well as discussing the philosophical and political ramifications of deportations and discrimination. We’ll conclude by discussing proposals for action to effect change.  

**Biography:** Rafael Moure-Eraso earned graduate degrees in chemical engineering and a Ph.D. in environmental and occupational health. He has taught occupational and environmental health for 23 years at UMass Lowell. During his career he consulted full time in occupational health matters for two international labor unions (UAW, OCAW) for 15 years. He served the Obama administration as chair of the Chemical Safety and Hazard Investigation Board in Washington DC for five years (2010-15). He is a Fulbright Scholar and have taught Process Safety Management and Mayor Accident Investigation Methods in various international venues (Thailand, Australia, Mexico and Colombia). He is a naturalized US citizen from Colombia. Rafael has led previous study groups, including, most recently: The Fallacy of Human Error in Catastrophic Investigations.

**Leading Self and Others: Values, Vulnerabilities and the Driving Forces Required to Lead in Uncertain Times**  
*Study Group Leader: Brandon Daigle, National Defense Fellow at The Fletcher School*  
**8 Sessions, Wednesdays, 4-6pm (Jan 13, 20, 27; Feb 3, 10, 17, 24; Mar 3)**  
Highly Interactive—lots of discussion  
$175  
This study group will explore the concepts of leadership, values and vulnerability, drawing from the study group leader’s experience studying organizational behavior and leading a diverse special operations military unit composed of men, women, contractors, multiple branches of the military and civilian employees. This course is designed to help our collective understanding of personal and organizational behaviors and performance; the importance of feedback; and leading one’s self while inspiring and aligning people towards a common purpose. Specific topics to be covered include: dealing with extroverts vs. introverts, conducting difficult conversations, conflict management strategies, and perservering during uncertain times. The group will include no homework, but attendees are asked to be active participants in this discussion-based course.  

**Biography:** Brandon Daigle is a National Defense Fellow at The Fletcher School of Law and Diplomacy. At age 17, Brandon entered the USAF from a small town in Louisiana. Since then he has had many roles in the service, including serving as an Information Integration Officer flying onboard the RC-135 stationed
at RAF Mildenhall England, directing operations for an Air Force unit at Ft. Meade Maryland, and commanding the largest and most diverse squadron within the special operations community, leading the unit through the highly complex challenges in the midst of a global pandemic.

Brandon holds multiple degrees including an M.S. in Organizational Leadership and Design (Amridge University), an M.S. in Defense Analysis/Special Operations (Naval Post Graduate School), and a B.S. in Religion (Southern Christian University). **Brandon is a new study group leader for Osher.**

**Map Out Mindfulness**

*Study Group Leader: Taylor Black, Tufts Graduate Student*

*8 Sessions, Fridays, 4-6pm (Feb 5, 12, 19, 26; Mar 5, 12, 19, 26)*

**Somewhat Interactive—a mix of lecture and discussion**

*$175*

Mindfulness is the practice of focusing on the present moment and becoming fully immersed in your current surroundings. In this course, we will review different practices that promote mindfulness in everyday living. We will learn through deep breathing exercises, mind mapping, art projects, journal prompts, and other related activities. Additionally, we will cover basic science and philosophy behind mindfulness and look at modern, historical, and future applications of mindfulness in our society. Please keep in mind that this course will cover information from multiple religions and, though mindfulness can be an addition to many people’s religious practice, we will focus on activities that have no specific religious affiliation. Assignments will include weekly reading (about 25 pages per class) and journals/reflectations.

**Biography:**
Taylor Black has studied yoga in the United States, China, and Nepal. She has a yoga teaching certification (500hrs) from the Nepal Yoga Home in Katmandu and has lived in both Mongolia and China. She has 2 years of full-time teaching experience, is a US Fulbright Scholar, and is a recipient of the The President’s Gold Volunteer Service Award. In the past, she has studied the connections between theology, folklore, and music at UNC-Chapel Hill. She is currently a student at The Fletcher School at Tufts University and is studying sustainable development and international consultancy. **Taylor is a new study group leader for Osher.**

**Master of the Universe: John D. Rockefeller**

*Study Group Leader: Jeremiah Anthony, Tufts Graduate Student*

*2 Sessions, Mondays, 6-8pm (Jan 11, 18)*

**Somewhat Interactive—a mix of lecture and discussion**

*$50*

John D. Rockefeller might be the single central figure of American history. His life spanned from the presidency of Martin Van Buren to the administration of another New Yorker: FDR. Rockefeller saw the rise and fall of the telegraph and passenger railroad; photos being invented, then moving, then talking. His life intersected with many of the great people of the time, from Mark Twain to Mark Hanna, Ida Tum Bell and Ibn Saud. He saw the fall of the British, Russian Austo-Hungarian, Ottoman, and Chinese empires, and helped to begin the American one. Like Doyle’s Moriarty, Rockefeller was a spider in the middle of a global web of consequence. His every quiver would change the world, and then change it again. Aside from amassing a fortune worth 2% of the US GDP (and that was after Standard Oil was busted!) he eliminated many diseases, developed competition in the US banking industry, and became the herald of globalization as we know it now. He represents the best of us, and the worst.

**Biography:**
Jeremiah Anthony is a second-year candidate for a Master of Arts in Law and Diplomacy at the Fletcher School of International Affairs. He is studying human security and international organizations, and is keenly interested in the role of statistical improbabilities in everyday life. He has professional experience in anti-child slavery and promoting youth social entrepreneurship—especially to the United Nations and its partner organizations. **Jeremiah has led previous study groups, including, most recently: 1871: The Year the World Changed.**
Medical Monstrosities: A History of the Strangest Medical Practices  
Study Group Leader: Rucha Kadam, Tufts Undergraduate Student  
3 Sessions, Mondays, 4-6pm (Jan 11, 18, 25)  
Somewhat Interactive—a mix of lecture and discussion  
$50
Heroin for coughs, surgeries based on the stars, ingesting tapeworms, and sitting inside of whales are just a few of the radical medical practices of the past! Throughout history, medicine has attempted to master the intricacies of our bodies and minds, continuously striving to find aids for our every ailment. Although we have made remarkable progress, the road to the practices we use today did not come without a few bumps along the way. In this course, we will examine the origins of some of the strangest medical practices and beliefs over history and the reasons for their implementation. We’ll take a “deep dive” into the theories that lead to some of the most impractical, alarming (and even downright bizarre) treatments in history. This class will mainly be a lecture series with open discussion opportunities.

Biography: Rucha Kadam is a sophomore at Tufts University, studying Cognitive and Brain Sciences & Child Studies and Human Development. She is pursuing a career in medicine and currently works with the SUPPER project, an intervention study funded by the National Institute on Drug Abuse, which aims to prevent substance abuse among children. She has taught Google Education Certification classes for 4 years and has tutored in a variety of different environments. Rucha is a new study group leader for Osher.

Modern Africa: Challenges and Prospects  
Study Group Leader: Robert Rotberg, Outside Instructor  
5 Sessions, Mondays, 4-6pm (Jan 25; Feb 1, 8, 15, 22)  
Highly Interactive—lots of discussion  
$125
Modern Africa has innumerable challenges: intrastate wars and Islamist insurgencies; climate change and drought; poor governance and inadequate leadership; and a massive population explosion that will over-tax city and national capabilities. Plus jobs for the young will be few, with sets of obvious consequences. Yet Africa is resilient, and there are positive examples of coping with change. This course will be highly interactive, with abundant opportunities for learning and discussion. The book we will reference is Things Come Together: Africans Achieving Greatness in the Twenty-first Century (OUP) participants are encouraged (but not required) to purchase a copy of the book.

Biography: Robert Rotberg is president emeritus of the World Peace Foundation, former MIT professor of political science and history, professor at the Harvard Kennedy School, Tufts academic vice-president, and the author of many books about Africa. He has taught five adult courses in Lexington, several over Zoom. Robert is a new study group leader for Osher.

Napoleonic Ambitions in Times of Peace  
Study Group Leader: Emese Soos, Retired Tufts Faculty Member  
8 Sessions, Thursdays, 2-4pm (Jan 14, 21, 28; Feb 4, 11, 18, 25; Mar 4)  
Highly Interactive—lots of discussion  
$175
Two early nineteenth century French novels, The Red and the Black by Stendhal and Père Goriot by Balzac, chronicle the life and times of ambitious young men seeking to emulate Napoleon’s achievements. Provincial and plebeian, Julien Sorel realizes that the upper echelons of both the Red (the army) and the Black (the Church) are reserved for the nobility. He gambles that the Church has less reluctance to promote a smart young man professing a priestly vocation. Balzac’s Eugène de Rastignac, though of noble birth, learns how arduous it is for an impoverished provincial to gain entrance into Parisian aristocratic circles. Both novels provide fascinating portraits of post-Napoleonic French society and the determined
young men struggling to succeed despite the obstacles placed in their way.

**Biography:** Emese Soos majored in French and history at Mount Holyoke College, earned a Ph.D. in French from the University of Wisconsin-Madison, and taught at Tufts for over 30 years. She delights in revisiting some of her favorite literary works, this time in English. *Emese has led previous study groups, including, most recently: Absurdist Theater for Our Times.*

**ON SCREEN: French New Wave - A Selection PART DEUX**
*Study Group Leader: Richard Friedman, OLLI Member*

**8 Sessions, Wednesdays, 1:30-4:30pm (Jan 13, 20, 27; Feb 3, 10, 17, 24; Mar 3)**

Somewhat Interactive—a mix of lecture and discussion

$175

During the early sixties, the French cinema went through a cultural and philosophical change that reverberated throughout the film business. The New Wave movement was triggered by the young, talented writers from the famed film journal, *Cahiers du Cinema*. The “Young Turks” brought a new sense of realism, political philosophy and an innovative interpretation of the filmmaker’s point of view. This course will continue to examine the generational impact and the rise of the talented proponents of the new French film culture. The course will present our fellow movie lovers with a collection from some of the most noted French directors of the era, including Louis Malle, Claude Chabrol, Francois Truffaut, Jacques Rivette and Eric Rohmer. The films include: *Les Cousins, Lola, The Nun, Stolen Kisses, La collectionneuse, Murmur of the Heart*, and *Army of Shadows*. All of the films are in French with English subtitles, and will be streamed by the SGL.

*Note: Attending Part 1 of this course is not a requirement to attend Part 2.*

**Biography:** Rich is graduate of Villanova University and a life-long film buff and enthusiast. He spent 15 years as a manufacturing engineer and manager for DuPont and Bio-Rad Labs. He also so has a 35 year career as an IT director, for several Biotechnology firms in the Boston area. Rich was a former board member of the now-defunct Boston Computer Society and directed their education program for 8 years. He also was instructor for the BCS membership for numerous computer courses offering at both Aquinas & Framingham Junior Colleges. *Rich has led previous study groups, including, most recently: ON SCREEN: French New Wave Film—A Selection.*

**Peaceful Movement: Ballet and Modern Basics**
*Study Group Leader: Sarah Craver, Tufts Staff Member*

**8 Sessions, Mondays, 6-7pm (Jan 11, 18, 25; Feb 1, 8, 15, 22; Mar 1)**

Somewhat Interactive—a mix of lecture and discussion

$100

Dance has long been acknowledged as an art form that engages both the body and the mind. Two forms in particular, ballet and modern, provide excellent tools for body alignment and strength while also capturing the mind through choreography and creativity. The fundamental movements and exercises of both forms are accessible to all types of bodies and, when practiced gently, can resemble t’ai chi or yoga. This study group will explore technique from ballet and modern to help us engage various muscle groups in strengthening and gentle stretching. Using whatever modifications and supports are needed (i.e. chairs or props), participants will learn and move through fun, interesting sequences that allow us to be fully present as we enhance our physical strength.

**Biography:** A lifelong dancer, Sarah Craver began her dance education in the greater Boston area and has trained for over 25 years in tap, modern, ballet, and jazz. While earning her B.A. at Amherst College, Sarah studied movement and composition with Wendy Woodson, Cathy Nicoli, and Paul Dennis, among others. In addition, Sarah has choreographed for many local organizations, including the Cambridge Rindge and Latin School and Endicott College, and teaches adult dance classes on a regular basis. She continues to develop her practice as a student of dance and yoga. *Sarah is a new study group leader for Osher.*
RBG: The Person, The Lawyer, The Justice  
*Study Group Leader: Carol Agate, OLLI Member*  
**6 Sessions, Tuesdays, 10am-12pm (Jan 12, 19, 26; Feb 2, 9, 16)**  
Minimally interactive—mostly lecture  
**$150**  
The Ruth Bader Ginsburg craze is a phenomenon. Why did this 87-year-old Supreme Court Justice excite such a range of people, from high school students to legal scholars? You will get to know who RBG was as a person and as a legal powerhouse from her victories as a lawyer to her vigorous dissents in a conservative court. We will discuss legal processes as needed to better understand the scope of her accomplishments. This is mainly a lecture course with slides. Reading is minimal and optional.  
*Note: This is an expanded version of the RBG study group given in past years, which will spend additional time focusing on some of the significant court cases in RBG’s life.*

**Biography:** Carol Agate’s legal experiences followed Ginsburg’s lead. She taught Women and the Law, using the Ginsburg textbook. She handled sex discrimination cases, including one for Ginsburg’s ACLU Women’s Rights Project, a case that went to the Supreme Court with a unanimous decision requiring men’s clubs to admit women. In retirement she has been teaching about RBG and other subjects at HILR and Temple Israel, as well as two-week classes at Tufts OLLI. Carol has led previous study groups, including, most recently: The Notorious Ruth Bader Ginsburg.

Reading the New Yorker  
*Study Group Leaders: Prudence King & Barry Orenstein, OLLI Members*  
**4 Sessions, Thursdays, 10am-12pm (Jan 14, 21, 28; Feb 4)**  
Highly Interactive—lots of discussion  
**$100**  
Each week we will read and discuss two feature articles in the magazine, as well as one or two shorter pieces, such as “Talk of the Town,” a poem, or “Shouts and Murmurs.” Time permitting, we’ll also analyze the cartoons, particularly those we don’t understand. Readings will be sent out electronically for the first session. The group as a whole will select the readings for the following weeks from issues published in the previous week or two. In addition to having access to the magazine, participants must commit to careful reading and be willing to contribute to the discussion. Expect about 2 hours of reading each week.  
**Biography:** Prudence King had a career in higher education that included both teacher education and general administration. Since retiring she has led courses at the Harvard Institute for Learning in Retirement and OLLI at UMass/Boston and Tufts. She is a generalist and enjoys exploring contemporary topics with others. Learning collectively is her goal as an SGL. Prudence has led previous study groups, including, most recently: Reading the New Yorker.

Barry Orenstein has been a faithful reader of The New Yorker since his freshman year in college, when the cover price was 25 cents and the cartoons were more understandable. Barry enjoyed a career in marketing research at Gillette, Polaroid, and Blue Cross before starting his own jury research business conducting focus group and mock trials for attorneys. Barry is a Lexington Town Meeting member and its Deputy Moderator. Barry has led previous study groups, including, most recently: Reading the New Yorker.
Rembrandt/Vermeer: Dutch Baroque Artists  
**Study Group Leader:** Amy Golahny, Retired Tufts Faculty Member  
**6 Sessions, Mondays, 2-4pm (Jan 11, 18, 25; Feb 1, 8, 15)**  
Somewhat Interactive—a mix of lecture and discussion  
$150

This course is an introduction to two of the great Dutch Baroque artists, Rembrandt and Vermeer. We’ll review current research and the historical and artistic context in which these artists worked. Preparation is optional, but suggested readings will involve the web sites of the Metropolitan Museum of Art and essentialvermeer.com. When appropriate, art works in American museums will be discussed. The structure is lecture presentations followed by discussion.  

**Biography:** Art historian Amy Golahny, native to Newton, MA, has had a successful teaching career at Lycoming College (Williamsport PA) and recently retired to Newton. She has published and lectured internationally, and recently published Rembrandt: Studies in his Varied Responses to Italian Art (2020). Her publications are on Dutch art and other topics. *Amy is a new study group leader for Osher.*

Salk and Pasteur: Trials and Tribulations, and the Birth of Vaccines  
**Study Group Leader:** Albert Muggia, OLLI Member  
**2 Sessions, Tuesdays, 2-3pm (Feb 16, 23)**  
Somewhat Interactive—a mix of lecture and discussion  
$25

Louis Pasteur and Jonas Salk created the first vaccines for some of our most feared diseases including rabies, anthrax and polo. Although they died about a century apart, there are many parallels in the lives they lived and the work they did. While we all look forward with anticipation to the vaccines that may end the scourge of COVID-19, let’s look backwards to the lives and accomplishments of Pasteur and Salk!  

**Biography:** Al Muggia earned a B.A. in biology from Harvard University and an M.D. from Yale University. He was an assistant professor at Tufts Medical School. A former member of our Curriculum committee, he has not only enjoyed taking classes at Osher LLI for several years now but has led previous study groups for us as well. *Al has led previous study groups, including, most recently: World-Changers.*

Staging Chineseness: Past, Present, and Future  
**Study Group Leader:** Wenxuan Xue, Tufts Graduate Student  
**6 Sessions, Thursdays, 2-4pm (Jan 14, 21, 28; Feb 4, 11, 18)**  
Highly Interactive—lots of discussion  
$150

How did “China” become the “China” we know today? How did the “cooler trade” in the 19th century prefigure the exploitation of Chinese migrant workers today? How does the West’s fascination with “oriental things” - tea, china, and the Chinese Lady exhibit featuring Afong Moy- construct what is rendered as “Chinese”? This study group will examine theoretical texts from historians and literary scholars, as well as arts and performances from playwrights, poets, filmmakers, and contemporary artists. Through weekly assignments (readings of about 30 pages per week or films less than an hour long) and in-class discussion, we will together trace and interrogate what we associate as “Chinese.”  

**Biography:** Wenxuan Xue (pronounced as wen-shoo-an, shoo-eh) is a transnational-Chinese first-year MA/PhD student in Theatre & Performance Studies at Tufts University. He is a theatre maker, scholar, and writer. He was a volunteer teacher and community coordinator at an NGO advocating for educational equity in rural China. He is interested in topics around Chineseness, queerness, migration, empire, and collective futurity through the lens of performance. *Wenxuan is a new study group leader for Osher.*
The Films and Genres of Pre-Code Hollywood (1930 to 1934)

*Study Group Leader: Robert Berend, OLLI Member*

*6 Sessions, Fridays, 10am-12pm (Jan 15, 22, 29; Feb 5, 12, 19)*

Highly Interactive—lots of discussion

*$150*

In this group we will be reading and discussing *Pre-Code Hollywood* (1930 to 1934) by Thomas Doherty. During this period, movies were wild, action-packed, and often full of the reality of American life in the Depression years of the early 1930s. *Scarface, Duck Soup, Tarzan, The Front Page, The Thin Man,* and *Dracula* are some examples. Religious extremists were against the lack of morals, the criminals winning, and the general “in your face” attitude of those films, so the “Hayes Code” came and stopped those films, until the 1970’s when the King Kong shackles were again loosened. Attendees will be asked to obtain a copy of the Doherty book, and each attendee will be asked to lead a discussion on one chapter of the book (15-45 pages each).

**Biography:** Robert Berend was born and raised in Los Angeles, and, as an iconoclast, never worked in the film industry. Ex-lawyer, funny, Ph.D. in human sexuality, lived in Prague when Czechoslovakia split in two. *Robert has led previous study groups, including, most recently: The Comedy of the Firesign Theatre.*

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The Power of Social Innovation

*Study Group Leader: Masrura Oishi, Tufts Graduate Student*

*8 Sessions, Fridays, 2-4pm (Jan 15, 22, 29; Feb 5, 12, 19, 26; Mar 5)*

Highly Interactive—lots of discussion

*$175*

In this course we will discuss some of the thorniest global problems, along with some of the simple solutions that solve them at scale. In each session, we’ll discuss inspiring stories of social innovation from all over the world, and learn what kind of tools and approaches are being used to solve problems using local resources. For instance, we will discuss alternative education in India, microfinance in Bangladesh, we’ll explore the growth of financial inclusion in Kenya through fintech, we will look at the power of Lean Data and the crucial concept of failures. We’ll also talk about the conceptual space in which this kind of social innovation is happening, at the intersection of development, capital, technology and behavioral design. Weekly readings will be provided between sessions, and for our final session, attendees will be invited to come prepared to present a social innovation story that resonate most with them. All classes are discussion based.

*Note: this is an expanded version of the 5-session class offered earlier this year.*

**Biography:** Masrura Oishi is a social innovation practitioner with over 5 years of experience in designing and implementing social change initiatives. This summer she is working with MIT D-Lab to create a new problem framing curriculum for Social Entrepreneurs in East Africa and South Asia. She worked as a Manager, Innovation Ecosystem and Partnerships at BRAC Social Innovation Lab focusing on technology adaptation in challenging contexts. She is currently pursuing her Masters in Business for Social Impact at the Fletcher School of Law and Diplomacy, Tufts University. *Masrura has led previous study groups, including, most recently: The Power of Social Innovation.*
Thelonious Monk: Original Genius

Study Group Leader: Erez Dessel, Outside Instructor
8 Sessions, Fridays, 2-4pm (Jan 15, 22, 29; Feb 5, 12, 19, 26; Mar 5)
Somewhat Interactive—a mix of lecture and discussion
$175

Often cast as an idiosyncratic, unapproachable figure, Thelonious Monk is probably the most misunderstood musician in the jazz canon. In this class, we will delve into his music and aim to understand its beauty, clarity, and potential for connection. This class will primarily consist of listening to recordings of Monk and discussing his work, so a background in music is not required, just an eagerness to learn! The goal of this class is to better understand who Monk was and what he contributed to the world of jazz piano, as well as analyze his brilliant technique and understand why he was seen as such a polarizing figure. Participation in weekly listenings will open your ears to Monk’s music, whether you’re a longtime fan or a new listener. Most of the work we do will be in class, however there might be some outside listening assignments and potential for supplemental readings.

Biography: Erez Dessel is a recent graduate from the New England Conservatory, where he studied jazz piano with luminaries such as Ethan Iverson, Jason Moran, and Ran Blake. He considers himself a musical omnivore, in the past four years he has played gospel music at Old South Church, toured with avant-garde jazz groups in Korea, written papers about the music of the Bayaka people of Central Africa, and synthesized all of this into his playing to perform around Boston at venues such as The Lilypad, Wally’s, The Isabella Stewart Gardner Museum, and Outpost 186. Erez has led previous study groups, including, most recently: Jazz Piano: The Unsung Heroes.

Visit the World’s Museums—Virtually!

Study Group Leader: Margaret Lourie, OLLI Member
4 Sessions, Fridays, 10am-12pm (Feb 5, 12, 19, 26)
Minimally interactive—mostly lecture
$100

Do you like to visit museums? Museums around the world may have closed their physical doors to visitors, or have limited access, but they are fully open for virtual visits, with enhanced digital content for all to enjoy. Join a group of OLLI members as we visit (virtually) a selection of interesting museums from around the world, and see what they have to offer us. Besides images and videos of their physical settings, we can explore museum exhibitions and objects, and learn more about the contexts and histories of museum objects. In addition, many museums also contribute to shared virtual collections, challenging our idea of “the museum” as a single distinct physical place. Participants are encouraged to revisit and explore these museums in more depth on their own, and to also suggest museums for the class to visit.

Note: We will be visiting the same museums as we did in June 2020.

Biography: Margaret Lourie spent her career as a professional librarian, working in a number of academic and special libraries, mostly in the Boston area. She is an avid museum visitor, and, when traveling, tries to visit as many museums as she can. But there are always more museums to be visited that she can’t get to in person! She is looking forward to traveling the world with other Osher members on virtual visits to museums far and wide. Margaret has led previous study groups, including, most recently: Intrepid Women Travel the Globe “and Beyond”.
When Thoughts and Thread Collide
Study Group Leader: Valarie Poitier, OLLI Member
4 Sessions, Wednesdays, 8-10am (Jan 13, 27; Feb 3, 10)
Somewhat Interactive—a mix of lecture and discussion
$100
Learn how our SGL used her love of craft to find a pathway to reclaim lost memories. It started “When Thoughts and Thread Collided,” with a pile of scraps. She will lead discussions on how habits, colors, shapes, and sound can be used to possibly stir up and reclaim memories. There are techniques that include arts and crafts, and great tools to use for measuring memory gains and losses. Each session will begin with viewing an art work, looking at it from the initial idea all the way to the completed work...and beyond. Planning, process, repetition and completion are the keys that worked for her. There will be optional readings and internet searches for each week’s theme.

Biography: Artist, lecturer, weaver and writer Valarie Poitier has taught professional development workshops to artists, quilting, fabric dyeing and painting, been a guest curator, juried local and traveling exhibits, and served as Co-Chair of the Artists Beyond the Desk at MIT. She is a retired Board member of the New England Quilt Museum and other fiber and craft associations. Her artwork has been published and exhibited in the USA and abroad. Valarie is a new study group leader for Osher.

Writing a ‘Legacy Letter’
Study Group Leader: Jay Sherwin, Outside Instructor
1 Session Friday, 10am-12pm (Jan 29)
Highly Interactive—lots of discussion
$25
This one-session online workshop is designed to introduce the concept of “legacy letters” and to encourage participants to craft their own legacy document. A legacy letter (also called an “ethical will”) is a written document that allows people to share their life lessons, express their values and transmit their blessings to future generations. A legacy letter is not a legal document or a memoir; it’s typically just a few pages. The workshop includes discussion and brief writing exercises to help participants examine their life histories, explore their values and capture important insights. It offers advice, encouragement and a model structure to help participants draft and complete a legacy document that can be shared with family and friends.

Biography: Jay Sherwin has practiced law, given away money for five different charitable foundations, worked as a philanthropy consultant and served as a hospital chaplain. He created the Life Reflections Project in 2019 to educate people about legacy letters, ethical wills and other legacy documents. He has extensive experience teaching and facilitating online learning programs, including recent presentations of this workshop for six other Osher Lifelong Learning Institute programs. Jay is a new study group leader for Osher.
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<tr>
<th>Date</th>
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<td>Jan. 13</td>
<td>Gideon May, China Scholar and OLLI study group leader</td>
<td>Unity and Disunity: The Legacy of the Chinese Communist Party in Modern China</td>
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<td>Jan. 20</td>
<td>Jaed Coffin, Professor of Creative Writing, University of New Hampshire</td>
<td>What a Story: How the Tales We Inherit Shape Our Worlds</td>
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<td>Jan. 27</td>
<td>Thomas Doherty, Professor of American Studies, Brandeis University</td>
<td>Show Trial: Hollywood, HUAC and the Birth of the Blacklist</td>
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<td>Feb. 3</td>
<td>Alan Marscher, Professor of Astronomy, Boston University</td>
<td>Black Holes at the Center of Galaxies</td>
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<td>Feb. 10</td>
<td>Susan Lewis Solomont, Author and Senior Director, TPI (The Philanthropic Institute)</td>
<td>Lost and Found In Spain, Tales of An Ambassador’s Wife</td>
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<td>Feb. 17</td>
<td>Peter Levine, Professor of Civic Studies, Tufts University</td>
<td>What to Do About Partisan Polarization</td>
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<td>Feb. 24</td>
<td>Elise Tamplin, OLLI Member</td>
<td>A Historical Perspective on the Supreme Court and its Justices</td>
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<td>Mar. 3</td>
<td>Nate Ramsayer, Archaeologist and Biblical Scholar</td>
<td>Archaeology in the Land of the Bible</td>
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| Mar. 10 | Jonathan Fanning, Educator  
*The Great Homo sapiens Debate* |
| Mar. 17 | TBD |
| Mar. 24 | TBD |
| Mar. 31 | Chris Rogers, Professor of Mechanical Engineering, Tufts University  
*LEGO in Kindergarten: Engineering Education for All* |
HOW TO REGISTER

1. Become a Member or Renew your Membership
   (Membership runs from 7/1/2020-6/30/2021)
   By visiting our website: https://universitycollege.tufts.edu/lifelong-learning

   Membership is required for class registration.

2. Register Starting on Monday, December 21st at 9am.
   - Register online - E-newsletter subscribers will automatically receive a reminder email with registration instructions. Email OsherLLI@tufts.edu and join our e-newsletter to get a reminder and more!

3. Receive Confirmation and Submit Payment
   After the close of initial registration, we will contact you with a summary of your courses, your total balance due, and payment instructions.

REGISTRATION SCHEDULE

- Initial Registration Period: December 21 - 22
- OLLI Office Confirms Initial Course Enrollments: December 23
- Add/Drop Period: Dec. 28 - Jan. 10
- Classes Begin: January 11th

PRICING

Membership Fee: $50 (Membership runs from 7/1/2020-6/30/2021)
Study Group Pricing: Varies by Course

HOW TO PAY

After your registrations for the term are finalized, our office will contact you to let you know how much you owe. You will then have the option to pay via our online payment portal, or send a check (made payable to Trustees of Tufts College) to our office.

FINANCIAL AID

Partial tuition remission is available on a limited basis. For more info, call our main office and ask to speak with the director

WITHDRAWALS & CANCELLATIONS

You will be charged $25 for each withdrawal before the second session of a multi-session class. (No refunds will be available after the second session.) If the OLLI office cancels any courses, full refunds will be issued. When an individual session needs to be cancelled due to instructor illness or other reason, we do our best to schedule a makeup session.